



ST. WILFRED'S P.G. COLLEGE

(Affiliated to the University of Rajasthan)

5.1

Student Support

Criteria	5- Student Support And Progression
Key Indicator	5.1 Student Support
Metric	“5.1.2: Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) & ICT/computing skills” Response : A

Index

S. No.	Particulars
1	Capacity Development And Skill Enhancement Activities
5	Number of Capacity Development and Skills Enhancement Activities Organized
6	Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) 2022-23
7	Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) 2021-22
8	Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) 2020-21
9	Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) 2019-20
10	Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) 2018-19
11	Link for Additional Information
12	Link for Supporting Documents

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IQAC HEAD
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Fareeda

Principal
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“5.1.2: Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) & ICT/computing skills”

Capacity Development and Skill Enhancement Activities

St. Wilfred's PG College is dedicated to organizing capacity development and skill enhancement activities that empower students to tackle challenges in today's competitive and rapidly evolving world. These activities encompass a range of sessions, workshops, seminars, expert talks, and training programs, conducted by experts from within the college, corporate sectors, as well as prestigious educational and research institutions.

SOFT SKILLS

We place significant emphasis on soft skills training, which aims to instill crucial abilities such as effective communication, teamwork, and problem-solving. Additionally, we focus on developing emotional intelligence, fostering a positive attitude, and encouraging initiative-taking. The impact of soft skills training has been highly positive, with numerous students securing placements in renowned firms. We offer training in various soft skills, including:

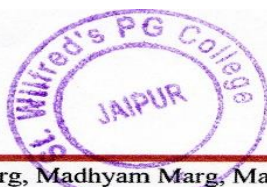
- Personality Development
- Interview Techniques
- Stress Management
- Body Language and Building Self-Esteem
- Self-Confidence
- Emotional Intelligence

LANGUAGE AND COMMUNICATION SKILL

Our Language and Communication skill training is tailored to enable students to achieve fluency and proficiency in professional communication, meeting the growing demand in the field of global communication. Through these sessions, students improve their lexical, grammatical, and communicative competence.

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LIFE SKILLS

Life Skills Training is designed to enhance students' physical and mental well-being, enabling them to lead their daily lives more effectively and efficiently while preparing them for the competitive and stressful environment. We emphasize the importance of a healthy mind and body in leading a fruitful and successful life. Key areas covered in life skills training include:

- Yoga
- Physical Fitness
- Physical and Mental Health
- Hygiene
- Healthy Diet

INFORMATION AND COMMUNICATIONS TECHNOLOGY (ICT) SKILLS

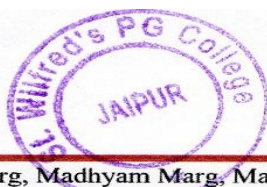
Our capacity development activities also focus on imparting knowledge of technological advancements in the real world and equipping students to utilize novel technologies for career advancement. We conduct seminars, workshops, and hands-on training to raise awareness of recent trends in technology.

At St. Wilfred's PG College, we are committed to nurturing well-rounded individuals who possess both technical competence and essential soft skills, ensuring their success in the competitive and dynamic professional landscape.

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Where the mind is without fear! Where the head is held high!!



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“5.1.2: Capacity Development and Skills Enhancement Activities Organized for Improving Students Capability of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene) & ICT/computing skills”

Number of Capacity Development and Skills Enhancement Activities Organized

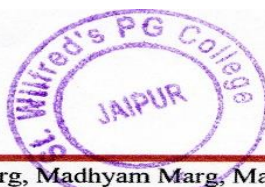
Session	Capacity of Soft skills, Language and Communication Skills, Life skills (Yoga, Physical Fitness, Health and Hygiene)	ICT/computing skills	Total	Link
2022-2023	23	14	37	View Document
2021-2022	22	8	30	View Document
2020-2021	26	10	36	View Document
2019-2020	28	14	42	View Document
2018-2019	25	09	34	View Document
Total	124	55	179	

Additional Documents

ICT Related Documents		
S. No.	Session	Link for Document
1.	2018-2022	VIEW DOCUMENT

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