

# ST. WILFRED'S P.G. COLLEGE

(Affiliated to the University of Rajasthan)

# 4.1.1

# Facilities for sports specification area

Kafila IQAC HEAD St. WILFERDIS



Principal (Dr. FAREEDA HASANI)



## ST. WILFRED'S P.G. COLLEGE

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### 4.1.1 The institution has adequate Facilities for Sports and games (indoor, outdoor)

**Sports Board:** The Board was constituted in the year 2004 to provide a perfect blend **of** physical development along with the mental and spiritual growth of students. It offers specialized facilities for Basketball, Handball, Volleyball, Table Tennis, Shooting, Athletics, Chess, Archery, Taekwondo, Badminton, Cricket, Swimming, etc., along with efficiently organizing All India Tournaments since 2004, under the aegis of Association of Indian Universities.

**Playgrounds:** Our campuses have grounds to promote outdoor games, including courts for Basketball, Handball, Volley-ball, etc. The practice sessions for students are also held at the playgrounds located at the college ground.

**Indoor Sports Room:** There is a spacious and well-furnished room for indoor games like Chess, Carom, Table Tennis, billiard table etc.

**Swimming Pool:** The swimming pool has six lanes and at full length is 32 meters long. The pool also has a move-able bulkhead, which enables the pool to be divided into two parts. The pool is set at 25 meters, giving a competition swimming length and a teaching area. The depth of the pool ranges from 1.2 meters at its shallowest point to 3.8 meters at the deepest. Swimming Pool with a qualified trainer is also available on campus for the students.

### **List of Sports Ground**

S. No.	Sports Name	Area/Size (in m)	Quantity
1	Badminton	24 x 12 mts	1
2	Volleyball	18 x 9 mts	1
3	Basketball	28 x 15 mts	1
4	Kabaddi	13 x 10 mts	1
5	Football	95 x 40 mts	1
6	Cricket	55Yards	1
7	Boxing wing	6.10 m <sup>2</sup>	1
8	Lawn tennis	78x27 mts	1
9	Squash	9.75 x 6.4 mts	1
10	Shooting range	50 m	1
11	Skating hall	23 x 45 mts	1

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### **List of Indoor Games**

S. No	Game Name
1	Chess
2	Carrom
3	Table tennis
4	Billiard

### **List of Outdoor Games**

S. No.	Sports Name	
1	Badminton	
2	Volleyball	
3	Basketball	
4	Kabaddi	
5	Football	
6	Cricket	
7	Boxing wing	
8	Lawn tennis	
9	Squash	
10	Shooting range	
11	Skating	
12	Kho-Kho	

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