

(Affiliated to the University of Rajasthan)

#### **File Index 2022-23**

S.No	Name of workshop/	Year	Date	Name of the
	seminar/conference /IPR			Agencies/Resource
1.	Seminar On Personality	2022-2023	03/09/2022	Dr. Garima Mishra
	Development And Professional			
	•			
	Ethics Session			
2.	Workshop On Chemical Free	2022-2023	17/01/2023	MS. Sonali Jain-
	Environment			Vidhyanjali ahimsa
_				sondarya
3.	Workshop On Cyber Security	2022-2023	20/01/2023	Mr. Umesh Arya
4.	Workshop On Creative	2022-2023	10/12/2022	Prof. Mukta Singhvi
	Psychological			
			00/01/0000	
5.	Workshop On Disaster	2022-2023	03/01/2023	S.P. Lokesh Sonwal,
	Management			IAS
6.	Workshop On Computer Basics	2022-2023	04/11/2022	Prof. A.K. Tiwari
7.	One Day Workshop On Yoga	2022-2023	22/12/2022	Mr Hari Om Sharma
	And Stress Management			
8.	One Day Workshop On	2022-2023	06/01/2023	Prof. S.K. Mangal
	Business Analytics			
9.	National Seminar On NEP	2022-2023	25/02/2023	Prof. S.L. Sharma
	2020: A Futuristic Approach			
	For Youth Empowerment			
	•			
10.	One Day Seminar On Teacher	2022-2023	27/01/2023	Dr. Reena Mathur
	As A Challenge Maker In Student Life			
	Student Life			

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Fareeda Principal (Dr. FAREEDA HASANI)



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	Internal Quality Assurance Call (IQAC)			
Internal Quality Assurance Cell (IQAC)				
NI CA C'	Activity Report			
Name of Activity	Seminar on Personality Development			
Title	Seminar on Personality development and Professional Ethics Session			
Date	03/09/2022			
Venue	St. Wilfred's P.G.College			
Organized by	Student Development Cell & Women's Cell			
Faculty Coordinator	Dr. Nupur Jain			
Resource Person	Dr. Garima Mishra			
Enrolled Students	97			
Participated Students	89			
Event Summary	Introduction:			
	The seminar on "Personality Development and Professional Ethics"			
	was organized to help participants enhance their personal and			
	professional growth. It aimed to provide valuable insights into			
	developing a strong personality and fostering ethical behavior in the			
	workplace.			
	Key Objectives:			
	Understanding Personality Development: The session began with an			
	overview of personality development, focusing on self-awareness, self-			
	confidence, and emotional intelligence. Participants were encouraged			
	to explore their strengths and weaknesses.			
	Effective Communication Skills: The importance of effective			
	communication in both personal and professional settings was			
	emphasized. Techniques for active listening and assertive			
	communication were discussed to promote better relationships.			
	Time Management and Goal Setting: Participants learned about the			
	significance of time management in achieving success. They were			
	introduced to goal-setting strategies and encouraged to set realistic and			
	measurable objectives.			
	Emotional Intelligence and Interpersonal Skills: The concept of			
	emotional intelligence was explored, highlighting its role in managing			
	emotions and building strong interpersonal relationships.			
	Ethics in the Workplace: The session delved into the significance of			
	professional ethics and their impact on career growth. Participants were			
	educated about ethical dilemmas and how to make principled decisions.			
	Stress Management: Stress management techniques were shared to help			
	participants cope with workplace pressures effectively.			
	Professional Image and Etiquette: The importance of maintaining a			
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ILERDIS P.C. CSICHETO, Meera Mars, Madhyam Mars, Mansarovar, Jaipur-302020. Willred's P.G. College Ph. 0141-2780436, 2780904 E-mail: stwilfredscollege@mail.com Website: www.stwilfredscollege@dish

Where the mind is without fear! Where the head is held high!



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professional image and practicing proper etiquette in the workplace was stressed upon.

#### **Interactive Activities:**

To enhance engagement and understanding, the session included various interactive activities, such as role-playing scenarios, group discussions, and case studies related to ethical challenges.

#### **Expert Speakers:**

Experienced professionals and experts in personality development and ethics conducted the seminar. They shared real-life experiences and practical tips, inspiring participants to implement positive changes.

#### Participant Feedback:

The seminar received overwhelmingly positive feedback from attendees. Participants reported gaining valuable insights and practical tools to apply in their personal and professional lives. They appreciated the interactive nature of the session and the expertise of the speakers.

#### **Conclusion:**

The seminar on Personality Development and Professional Ethics proved to be a valuable learning experience for all participants. It equipped them with essential skills to improve their personalities, communication, and ethical decision-making in their respective workplaces. The knowledge gained during the session is expected to contribute significantly to their personal growth and career success.

**Picture** 



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#### **Students Registered for Seminar**

S. No.	Stude nt Name
1	Abhay
2	Abhishek Soni
3	Aditya Gotharwal
4	Aditya Lali
5	Akanksha Pandey
6	Akash Tiwari
7	Amit Pachar
8	Anchal Dadhich
9	Anchal Kanwar
10	Anil Yadav
11	Aniruddha Singh
12	Ankit Bhalothia
13	Ankit Kumar
14	Ankit Meena
15	Ankit Sharma
16	Anuj
17	Arju Gour
18	Arman Agwan
19	Arushi Budaniya
20	Aryan Singh Bisht
21	Avinash Jangid
22	Ayush Khandelwal
23	Ayushi Khatri
24	Badal Chhipa
25	Balaram
26	Balram Singh
27	Bhupendra Kushwah
28	Bhupendra Tyagi
29	Bhuvnesh Rawat
30	Biram Dev Bharti
31	Biramdev
32	Chandan Singh





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Chetan Saini
Chirag Yadav
Chitra Parsoiya
Chotu Mahor
Deeksha Saini
Deen Dayal Singh rao
Deenu Singh Chahar
Deepak Bairwa
Deepak Johari
Deepak Mahawar
Deepak Mirotha
Deepak Nawal
Deepak Singh
Deependra Singh
Deepika Meena
Deepika Sharma
Desh Raj
Dev Parmar
Devansh Mina
Devendra Choudhary
Devendra Singh
Devesh Kumar Jangid
Devkinandan Sharma
Dharmesh Nogia
Dheeraj Dadhich
Dheerendra Pratap Singh Rathor
Dhirendra Pratap Singh
Dhiwanshu Singhal
Dhruv Patel
Dhruv Yadav
Divya
Divyansh Yashsvee
Dushal Sain
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67	Gagandeep Kaur Saluja
68	Garvit Jain
69	Gaurav Sharma
70	Girish Kumar Nunia
71	Gokul Singh Bisht
72	Harsh Badgujar
73	Hemant Singh
74	Hement Gupta
75	Himanshu Sharma
76	Himanshu Soni
77	Jaideep Yadav
78	Kamal Kishor Kumar
79	Kapil Sharma
80	Karan Singh
81	Karan Singh Adhikari
82	Lakshya Yadav
83	Manish Godara
84	Manvendra Singh
85	Mohammed Aazam Ansari
86	Mohit Deval
87	Nisha Choudhary
88	Pooja Shekhawat
89	Praveen Kumar
90	Ritika Chandani
91	Sapna Saini
92	Shanu Bolya
93	Sunil Mahawar
94	Tushar Sharma
95	Uttam Singh Shekhawat
96	Vinod Bairwa
97	Yash Vijay





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List of Participated Students



### ST. WILFRED'S P.G. COLLEGE

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Seminar on Personality development and Professional Ethics Session 2022-23		
Sr. No.	Student Name	Signature
1	Abhay	(Hear.
2	Abhishek Soni	31/20/anzilat
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4	Aditya Lali	Be
5	Akanksha Pandey	Alann 1
6	Akash Tiwari	31my 2006
7	Amit Pachar	Anotheron
8	Anchal Dadhich	311412
9	Anchal Kanwar	Anchalle
10	Anil Yadav	Ariprocedor
11	Aniruddha Singh	> Show his
12	Ankit Bhalothia	Annit
13	Ankit Kumar	Askit Kuman
14	Ankit Meena	Andig Mis
15	Ankit Sharma	31 Horse
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17	Arju Gour	Agnion
18	Arman Agwan	(Asingm Agion
19	Arushi Budaniya	Stieling
20	Aryan Singh Bisht	3157 415
21	Avinash Jangid	Aumin Darrid
22	Ayush Khandelwal	Agus
23	Ayushi Khatri	(Aynny Mating
24	Badal Chhipa	ON 4 cd
25	Balaram	Redra_
26	Balram Singh	arkin kj 5
27	Bhupendra Kushwah	9245 EM214T
28	Bhupendra Tyagi	Bhuperdy Trees

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31	Biramdev	(BONLOGEN
32	Chandan Singh	-25-57 Ex
33	Chetan Saini	-पत्न सभी
34	Chirag Yadav	Chiles Gada.
35	Chitra Parsoiya	A4213
36	Chotu Mahor	दो ८ गाँधी
37	Deeksha Saini	一利斯 公子
38	Deen Dayal Singh rao	Deendayal
39	Deenu Singh Chahar	deem
40	Deepak Bairwa	Leopan Beilur
41	Deepak Johari	दीपका लोहरी
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47	Deepika Meena	They kmi
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50	Dev Parmar	्रेन 1
51	Devansh Mina	90191471
52	Devendra Choudhary	देवीना न्यादारी
53	Devendra Singh	- Toped Sigh
54	Devesh Kumar Jangid	रेवेर क्लार्या।
55	Devkinandan Sharma	Gordon
56	Dharmesh Nogia	- ट्यून्यानाशिया
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58	Dheerendra Pratap Singh Rathor	Herrenda Bakel
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62	Dhruv Yadav	29 her
63	Divya	Gery
64	Divyansh Yashsvee	Stront
65	Dushal Sain	7521235
66	Edward Basl Frank	Folward.
67	Gagandeep Kaur Saluja	Crardeep
68	Garvit Jain	राष्ट्रित रे'न
69	Gaurav Sharma	Julia Elm
70	Girish Kumar Nunia	Chlinken
71	Gokul Singh Bisht	31150 KIE
72	Harsh Badgujar	- burn
73	Hemant Singh	इंजिन्सिंड
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76	Kamal Kishor Kumar	कर्माट माभाट
77	Kapil Sharma	Tapil tra
78	Karan Singh	Chinkis
79	Karan Singh Adhikari	Jaran Sjort
80	Lakshya Yadav	<u>जिस्प्रभार्ष</u>
81	Pooja Shekhawat	271 श्रेषाव्स
82	Praveen Kumar	- gaveen
83	Ritika Chandani	Kille A
84	Sapna Saini	744114
85	Shanu Bolya	अनिवादिमा
86	Sunil Mahawar	31/10
87	Tushar Sharma	Type
88	Uttam Singh Shekhawat	Dankie
89	Vinod Bairwa	9-714





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### **Seminar**

on

### Personality development and Professional Ethics

03/09/2022

Organised By

### St. Wilfred's PG College

This is to certify that

Prof./Dr./Mr./Ms....

has participated in "Personality development and Professional Ethics". In this Seminar She/He Presented Paper/Poster/Attended/Chaired a Technical Session

OII.....

We wish him/her the best for future endeavour.

Dr. Keshav Badaya Hon, Secretary

Dr. Fareeda Hasani

### **Overall Feedback of Students**

S. No.	Particulars	High	Moderate	Poor
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	85 %	15 %	
3	The session was useful and practical	80 %	20 %	
4	The activity was well planned and systematic	80 %	10 %	10%
5	The teacher was very good at answering our questions	85 %	10 %	5%
6	The teacher encouraged us to ask questions	95 %	5 %	

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Principal
(Dr. FAREEDA HASANI)

Ph. 0141-2780436, 2780904 E-mail: stwilfred solver@gmail.com Website: www.stwilfredscollege.com Where the head is held high!



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Title Workshop on Chemical free environment  17/01/2023  Venue St. Wilfred's P.G.College Organized by Student Development Cell Faculty Coordinator Resource Person Broiled Students  Participated Students  Faculty Country  Introduction: The workshop on "Creating a Chemical-Free Environment" was organized to raise awareness about the harmful effects of chemicals or the environment and human health. It aimed to educate participants on adopting eco-friendly practices and reducing the use of harmful chemicals in their daily lives.  Key Objectives: Understanding Chemical Pollution: The workshop began with an overview of chemical pollution and its impact on the environment wildlife, and human health. Participants were made aware of the importance of transitioning to chemical-free alternatives.  Identifying Harmful Chemicals: Participants were educated about commonly used chemicals in households, agriculture, and industries that pose environmental risks. They learned to recognize harmful chemicals in product labels and everyday items.  Promoting Sustainable Lifestyle Choices: The workshop emphasized the significance of making sustainable lifestyle choices, including using natural cleaning products, organic foods, and eco-friendly personal care the significance of making sustainable lifestyle choices: Techniques for eco-friendly Cleaning and Gardening Practices: Techniques for eco-friendly Cleaning, such as using vinegar and baking soda, were demonstrated. Additionally, participants learned about organic gardening methods that reduce the need for chemical pesticides and fertilizers.  Adopting Chemical-Free Agriculture: For farmers and agriculture enthusiasts, the workshop provided insights into organic farming practices, promoting healthier soils and reducing the negative impact o chemical-intensive agriculture.  Recycling and Waste Management: The importance of proper waste management and recycling was highlighted, airning to reduce the release			
Date	Name of Activity	Workshop	
St. Wilfred's P.G.College Organized by Student Development Cell Faculty Coordinator Resource Person Ms. Sonali Jain- Vidhyanjali ahimsa sondarya Emrolled Students  Participated Students  90  Event Summary  Introduction: The workshop on "Creating a Chemical-Free Environment" was organized to raise awareness about the harmful effects of chemicals of the environment and human health. It aimed to educate participants of adopting eco-friendly practices and reducing the use of harmful chemicals in their daily lives.  Key Objectives: Understanding Chemical Pollution: The workshop began with an overview of chemical pollution and its impact on the environment wildlife, and human health. Participants were made aware of the importance of transitioning to chemical-free alternatives.  Identifying Harmful Chemicals: Participants were educated about commonly used chemicals in households, agriculture, and industries that pose environmental risks. They learned to recognize harmful chemicals in product labels and everyday items.  Promoting Sustainable Lifestyle Choices: The workshop emphasized the significance of making sustainable lifestyle choices, including using natural cleaning products, organic foods, and eco-friendly personal care items.  Eco-friendly Cleaning and Gardening Practices: Techniques for eco-friendly cleaning, such as using vinegar and baking soda, were demonstrated. Additionally, participants learned about organic gardening methods that reduce the need for chemical pesticides and fertilizers.  Adopting Chemical-Free Agriculture: For farmers and agriculture enthusiasts, the workshop provided insights into organic farming practices, promoting healthier soils and reducing the negative impact o chemical-intensive agriculture.  Recycling and Waste Management: The importance of proper waste management and recycling was highlighted, ainning to reduce the release	Title	Workshop on Chemical free environment	
Student Development Cell	Date	17/01/2023	
Faculty Coordinator  Resource Person  Ms . Sonali Jain- Vidhyanjali ahimsa sondarya  105  Participated Students  Participated Students  Introduction:  The workshop on "Creating a Chemical-Free Environment" was organized to raise awareness about the harmful effects of chemicals or adopting eco-friendly practices and reducing the use of harmful chemicals in their daily lives.  Key Objectives:  Understanding Chemical Pollution: The workshop began with an overview of chemical pollution and its impact on the environment wildlife, and human health. Participants were made aware of the importance of transitioning to chemical-free alternatives.  Identifying Harmful Chemicals: Participants were educated abou commonly used chemicals in households, agriculture, and industries that pose environmental risks. They learned to recognize harmful chemicals in product labels and everyday items.  Promoting Sustainable Lifestyle Choices: The workshop emphasized the significance of making sustainable lifestyle choices, including using natural cleaning products, organic foods, and eco-friendly personal care items.  Eco-friendly Cleaning and Gardening Practices: Techniques for ecofinendly cleaning, such as using vinegar and baking soda, were demonstrated. Additionally, participants learned about organic gardening methods that reduce the need for chemical pesticides and fertilizers.  Adopting Chemical-Free Agriculture: For farmers and agriculture enthusiasts, the workshop provided insights into organic farming practices, promoting healthier soils and reducing the negative impact o chemical-intensive agriculture.  Recycling and Waste Management: The importance of proper waste management and recycling was highlighted, aiming to reduce the release	Venue	St. Wilfred's P.G.College	
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and advocate for stricter environmental protection measures.

#### **Interactive Activities:**

To enhance engagement and learning, the workshop included hands-on activities such as DIY natural cleaning product preparation and a gardening workshop using organic practices.

#### **Expert Presenters:**

Experts in environmental science, sustainable living, and chemical-free practices led the workshop. They shared their expertise and practical tips, inspiring participants to take action towards a chemical-free lifestyle.

#### Participant Feedback:

The workshop received enthusiastic feedback from participants who expressed their newfound knowledge and motivation to make positive changes. Many attendees shared their plans to implement chemical-free practices at home, in their workplaces, and communities.

#### **Conclusion:**

The workshop on "Creating a Chemical-Free Environment" successfully achieved its objective of promoting awareness and action towards a more sustainable and eco-friendly lifestyle. Participants gained valuable insights into the harmful effects of chemicals on the environment and human health, as well as practical solutions to reduce chemical usage. It is expected that the knowledge gained during the workshop will lead to positive changes in participants' daily habits and contribute to a cleaner, healthier planet.

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#### **Students Registered for Seminar**

S.No.	Student Name
1	Aakash Malviya
2	Aatmika Prasad
3	Abhinav Aditya Parmesh
4	Abhishek Bairwa
5	Abhishek Choudhary
6	Aditya Choudhary
7	Aditya Kumar
8	Aditya Rai
9	Akshat Gujarati
10	Ajay Singh Choudhary
11	Bankaram
12	Bappi Berman
13	Bharat Godara
14	Bhavesh Goyal
15	Bhawna Hada
16	Bhoomika
17	Cheshta Meer Chandani
18	Deepak Choudhary
19	Deepika Tiwari
20	Devansh
21	Dhruv Kumawat
22	Dipanshu
23	Disha Sanadhya
24	Garvit Sonkhiya
25	Goranshu Sonwal
26	Harsh Choudhary
27	Harsh Mahala
28	Harshvardhan Singh Rathore
29	Isha Meena
30	Jagrati Wadhwani
31	Jai Yadav
32	Jatin Khatri





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33	Jatin Kumar Tholia
34	Kamlesh Lilawat
35	Kanishak Chauhan
36	Kanishk Chotia
37	Karan
38	Karan Kumar Meena
39	Lashika Naraniya
40	Lokendra Singh Rathore
41	Harsh Meena
42	Harsh Vardhan Tyagi
43	Tanuj Choudhary
44	Tushar Soni
45	Tushar Yadav
46	Umesh Choudhary
47	Rakesh Gurjar
48	Manisha Balani
49	Dheeraj Khandelwal
50	Vadika Verma
51	Raghuveer Singh
52	Jayant Gupta
53	Keshav Pareekh
54	Mahesh Sharma
55	Jyoti Kumawat
56	Radha Jain
57	Akriti Sharma
58	Mahesh Joshi
59	Dhruv Jain
60	Rakesh Meena
61	Vijay Bairwa
62	Vijay Singh Jeenjwadia
63	Vikash Kumar Kajla
64	Yogesh Kumar
65	Yuvraj Pathak
66	Ashish Choudhary





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67	Ashish Singhaniya
68	Ashok Parihar
69	Ashwin Kumar
70	Diya
71	Dushyant Jhuria
72	Komal Chouhan
73	Komal Sirra
74	Krishan Kumar Yadav
75	Krishan Yadav
76	Kuldeep Kumar Yadav
77	Moomal Kunwar
78	Nikhil Yadav
79	Nissan Sharma
80	Nitin Choudhary
81	Purushottam Tatiwal
82	Pushpendra Meena
83	Raghuraj Singh
84	Rahul Choudhary
85	Ravi Prajapat
86	Ravish
87	Ridhima Choudhary
88	Rahul Singh Chouhan
89	Rashid Khan
90	Raveena Choudhary
91	Ravi Bairwa
92	Rohit Choudhary
93	Rohit Gurjar
94	Rohit Sharma
95	Satyanaryan Yadav
96	Saurabh Soni
97	Shailendra Singh Gurjar
98	Sharad
99	Shiv Vasudev Tailor
100	Simran Khinchi





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101	Sumit Kumar
102	Suraj Choudhary
103	Suraj Keer
104	Rishabh Jain
105	Rishabh Vijaywal



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List of Participated Students



### ST. WILFRED'S P.G. COLLEGE

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Session 2022-23				
\	Workshop on Chemical free environment Chemical free environment			
S.No.	S.No. Student Name Nignature			
1	Aakash Malviya	Halsoh		
2	Aatmika Prasad	30 Mari		
3	Abhinav Aditya Parmesh	Distinan		
4	Abhishek Bairwa	- Janasaiai		
5	Abhishek Choudhary	Alshabes		
6	Aditya Choudhary	Sificarciland		
7	Aditya Kumar	- Stiller on Fil		
8	Aditya Rai	With Xa:		
9	Akshat Gujarati	-37		
10	Ajay Singh Choudhary	(A)-		
11	Bankaram	donion		
12	Bappi Berman	PSUPIS		
13	Bharat Godara	Bout		
14	Bhavesh Goyal	शिलिय गामत		
	Bhawna Hada	mani Esi		
16	Bhoomika	87-4H1		
17	Cheshta Meer Chandani	Chetri.		
18	Deepak Choudhary	(desepates		
19	Deepika Tiwari	Dospali Tiwely		
20	Devansh	देवाभ		
21	Dhruv Kumawat	- Cyg		
22	Dipanshu	dipah		
23	Disha Sanadhya	1271		
24	Garvit Sonkhiya	(/eggyit		
25	Goranshu Sonwal	golanone		
26	Harsh Choudhary	Harn		
27	Harsh Mahala	han notale		
28	Harshvardhan Singh Rathore	CIANTITUE SIVIN		

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## ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

29 Isha Meena	(Joha. )
30 Jagrati Wadhwani	तार्गात मेवान
31 Jai Yadav	जिस भार्ति
32 Jatin Khatri	and never !
33 Jatin Kumar Tholia	Clarin kuna
34 Kamlesh Lilawat	व्यम्स्य मुलीवावतं
35 Kanishak Chauhan	Karrihe Charles
36 Kanishk Chotia	and land Eleve
37 Karan	· Man
38 Karan Kumar Meena	Kan Ked
39 Lashika Naraniya	Milan
40 Lokendra Singh Rathore	lonende
41 Harsh Meena	harry mere.
42 Harsh Vardhan Tyagi	इ ज यथ र
43 Tanuj Choudhary	Jamis 1
44 Tushar Soni	तु पार को प
45 Tushar Yadav	Type Jawa
46 Umesh Choudhary	3 Hardrau
47 Rakesh Gurjar	taken
48 Manisha Balani	भूतिका
49 Dheeraj Khandelwal	artes
50 Vadika Verma	Vadina
51 Raghuveer Singh	-Zer, 4/2
52 Jayant Gupta	Sagar
53 Keshav Pareekh	के श्री विकास के किए
54 Mahesh Sharma	Maheris
55 Jyoti Kumawat	Sych on
56 Radha Jain	Trest
57 Akriti Sharma	क्तिकार गाम ।
58 Mahesh Joshi	Maken Joh.
59 Dhruv Jain	4705/2





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60 Rakesh Meena	Y/one,
61 Vijay Bairwa	Hijan.
62 Vijay Singh Jeenjwadia	VI JA-Si-y
63 Vikash Kumar Kajla	(2) and one
64 Yogesh Kumar	Josep
65 Yuvraj Pathak	ग्वर्ड पार्के
66 Ashish Choudhary	Stille grand
67 Ashish Singhaniya	(Holisian )
68 Ashok Parihar	3/2110-4/21
69 Ashwin Kumar	Admia
70 Diya	19c41
71 Dushyant Jhuria	( GLY1)
72 Komal Chouhan	कांगल पांधन
73 Komal Sirra	Loral Alle
74 Krishan Kumar Yadav	( MORIA
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76 Purushottam Tatiwal	Perripore
77 Pushpendra Meena	yky y
78 Raghuraj Singh	Reghnaji
79 Rahul Choudhary	<150 mil
80 Ravi Prajapat	Havi Koafer
81 Ravish	201
82 Ridhima Choudhary	Piolipine
83 Rahul Singh Chouhan	2000
84 Rashid Khan	Languiste
85 Raveena Choudhary	المرام المرام
86 Ravi Bairwa	Tow,
87 Rohit Choudhary	7/18/ 7/42/
88 Rohit Gurjar	TIEN OUR
89 Rohit Sharma	tout from
90 Rishabh Vijaywal	अन्यम्प्रियाए





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#### WORKSHOP

### On **Chemical Free Environment'** 17/01/2023

Organised By

#### St. Wilfred's PG College

This is to certify that

Prof./Dr./Mr./Ms....

has participated in "Chemical free Environment". In this Workshop She/He Presented Paper/Poster/Attended/Chaired a Technical Session on.....

We wish him/her the best for future endeavour.

Dr. Keshav Badaya Hon. Secretary

Convener

#### **Overall Feedback of Students**

S.	Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	85 %	15 %	
3	The session was useful and practical	70 %	20 %	10 %
4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	90 %	10 %	
6	The teacher encouraged us to ask questions	95 %	5 %	

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Internal Quality Assurance Cell (IQAC)		
Activity Report		
Name of Activity Workshop		
Title	Workshop on Cyber Security	
Date	20/01/2023	
Venue	St. Wilfred's P.G.College	
Organized by	Computer Science Department & Student Development Cell	
Faculty Coordinator	Ms Shipra Sharma	
Resource Person	Mr. Umesh Arya	
Enrolled Students	159	
Participated Students	150	
Event Summary	Introduction: The workshop on "Cybersecurity" was organized to address the growing importance of protecting digital assets and information in today's interconnected world. The workshop aimed to educate participants about various cyber threats, best practices for online safety, and strategies to enhance the overall cybersecurity posture.  Key Objectives: Understanding Cyber Threat Landscape: The workshop began with an overview of the current cyber threat landscape, covering various types of cyber-attacks, such as phishing, malware, ransomware, and social engineering.  Importance of Cybersecurity: Participants were made aware of the critical role cybersecurity plays in safeguarding personal information, sensitive data, and organizational assets from potential breaches.  Best Practices for Online Safety: The workshop provided practical tips and best practices to maintain online safety, including creating strong and unique passwords, enabling two-factor authentication, and being cautious while clicking on links or downloading files.  Securing Personal Devices: Participants learned how to secure their personal devices, such as smartphones, laptops, and tablets, by installing reputable antivirus software, keeping software up to date, and avoiding public Wi-Fi risks.  Cybersecurity in the Workplace: The workshop highlighted the importance of cybersecurity within the workplace. It covered topics such as employee awareness training, data encryption, and network security measures to protect sensitive corporate information.  Incident Response and Recovery: Participants were educated about the importance of having a well-defined incident response plan in case of a cyber-attack. They also learned about data backup and recovery strategies to minimize the impact of potential breaches.  Cybersecurity Regulations and Compliance: The workshop touched upon relevant cybersecurity regulations and compliance requirements, stressing the importance of adhering to legal and	



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industry standards.

#### **Interactive Activities:**

To promote active learning and engagement, the workshop included interactive activities such as simulated phishing exercises, group discussions on real-life cyber-attack scenarios, and practical demonstrations of cybersecurity tools.

#### **Expert Speakers:**

Experienced cybersecurity professionals and industry experts conducted the workshop. They shared real-world experiences, case studies, and best practices from their respective domains to provide valuable insights to the participants.

#### Participant Feedback:

The workshop received positive feedback from participants who appreciated the workshop's relevance and practical approach. Many attendees reported feeling more informed and confident about adopting better cybersecurity practices in both their personal and professional lives.

#### **Conclusion:**

The workshop on "Cybersecurity" successfully achieved its objective of raising awareness and promoting proactive measures to combat cyber threats. Participants gained a deeper understanding of the importance of cybersecurity and acquired practical knowledge and strategies to protect themselves and their organizations from potential cyber attacks. It is expected that the workshop's insights will contribute to a safer and more secure digital environment for all participants and their communities.

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

#### **Enrolled Students**

1	Amit Sharma
2	Anil Badarda
3	Ankit Meel
4	Ankush Kamboj
5	Anshu Saini
6	Anupam Saini
7	Diya
8	Dushyant Jhuria
9	Hiba Sadiq
10	Himanshu Jangid
11	Himanshu Meena
12	Isha Meena
13	Karan Meena
14	Kartik Chahil
15	Kashak Meena
16	Khushaal Choudhary
17	Khushboo Sharma
18	Khushi Charan
19	Kirti Prajapat
20	Mayank Meena
21	Mohit
22	Mohit Gurjar
23	Nidhi Parmar
24	Nikhil Khatri
25	Nikhil Mahendwariya
26	Prashant Kumar Meena
27	Prayas Meena
28	Preetam Chunwal
29	Priyanshu Dhaman
30	
31	Vijay Bairwa
32	Vijay Singh Jeenjwadia
33	Vikash Kumar Kajla







	Yogesh Kumar
35	Yuvraj Pathak
36	Ashish Choudhary
37	Ashish Singhaniya
38	Ashok Parihar
39	Ashwin Kumar
40	Komal Chouhan
41	Komal Sirra
42	Krishan Kumar Yadav
43	Krishan Yadav
44	Kuldeep Kumar Yadav
45	Moomal Kunwar
46	Nikhil Yadav
47	Nissan Sharma
48	Nitin Choudhary
49	Purushottam Tatiwal
50	Pushpendra Meena
51	Raghuraj Singh
52	Rahul Choudhary
	Ravi Prajapat
54	Ravish
	Ridhima Choudhary
56	Rahul Singh Chouhan
57	Rashid Khan
	Raveena Choudhary
	Ravi Bairwa
60	Rohit Choudhary
	Rohit Gurjar
Ü_	Rohit Sharma
	Satyanaryan Yadav
	Saurabh Soni
	Sharad
67	Shiv Vasudev Tailor





68	Simran Khinchi
	Sumit Kumar
	Suraj Choudhary
	Suraj Keer
72	Rishabh Jain
73	Rishabh Vijaywal
74	Shivam Jain
75	Shivansh Gautam
76	Vishal Mehra
77	Vivek Singh Shekhawat
78	Kuldeep Randa
79	Kuldeep Singh Jadon
80	Kushal Dubey
81	Rishika Kumari
82	Ritik Bhatt
83	Dipender Kumar
84	Shubham Sharma
85	Siddharh Nahar
86	Dilip Singh
87	Aachal
88	Aakansha Singh
89	Aakriti Agarwal
90	Abhijeet
91	Abhishek Dalora
92	Abhishek Meena
93	Abhishek Sharma
94	Bal Ram Mahar
95	Bharat Meena
96	Bharat Singh Rajpurohit
97	Bhau Din
98	Bhawani Pratap Singh Dewara
99	Bhuvnesh Kumar Atal
100	Chandan Grover
101	Chandan Singh





102	Chandra Shekhar Yadav
103	Chandrvir Singh
104	Chirag Paliwal
105	Dashrath Singh Rathore
106	Deepa Kumari Gupta
107	Deepak Kumar Meena
108	Deepak Pareek
109	Dev Mani Singh
110	Geetanshi Sharma
111	Himank Kumar Jain
112	Himanshu
113	Palak Bhargav
114	Himanshu Jeliya
115	Ishu Mour
116	Mahaveer Prasad Meena
117	Mahipal Singh Yadav
118	Man Mohan Saini
119	Manan Singh Mertia
120	Mandeep Singh Maanju
121	Nagender Singh
122	Narendra Kharbas
123	Naresh Choudhary
124	Naresh Kumar Meena
125	Navneet Kumar
126	Nikhil Sinchi
127	Paharu Sharma
128	Palak Kumawat
129	Parth Gurjar
130	Pawan kumar
131	Parveen Kumar
132	Pinky Choudhary
133	Prachi Bhardwaj
134	Radhakishan Choudhary
135	Rahul Jangid





136	Rahul Kumawat
137	Rahul Meena
138	Rahul Meghwal
139	Rajesh Meena
140	Sachin
141	Sachin Meena
142	Sagar Jatawat
143	Sahil Khan
144	Tames Ali
145	Jagdish Choudhary
146	Jai Singh Tanwar
147	Jaideep Bamnawat
148	Jaivardhan Singh Solanki
149	Jaswant Ghosalya
150	Jayant Sharma
151	Jayesh Bhaiya
152	Kamal Choudhary
153	Keshav Choudhary
154	Khushi Sharma
155	Kishan Verma
156	Lalit Kumar
157	Laveena Kanwar
158	Lokesh Jeenwal
159	Lokesh Saharan





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List of Participated Students



### ST. WILFRED'S P.G. COLLEGE

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	Session 20		
Workshop on Cyber Security			
S.No.	Student Name	Signature	
1	Amit Sharma	pmit	
2	Anil Badarda	times.	
3	Ankit Meel	Enult	
4	Ankush Kamboj	Andre	
5	Anshu Saini	Anshu	
6	Anupam Saini	Allupan	
7	Diya	Duye	
8	Dushyant Jhuria	dlug	
9	Hiba Sadiq	Hiba soció.	
10	Himanshu Jangid	Him	
11	Himanshu Meena	Lingramin	
12	Isha Meena	isha	
13	Karan Meena	Karan	
14	Kartik Chahil	KARAN	
15	Kashak Meena	Kasyak	
16	Khushaal Choudhary	· Khustaeth	
17	Khushboo Sharma	Khus hboo	
18	Khushi Charan	Khushi	
19	Kirti Prajapat	With Bretabal	
20	Mayank Meena	Mayand Mayand	
21	Mohit	Hohel'	
22	Mohit Gurjar	Mohita	
23	Nidhi Parmar	nidhi Pamar.	
24	Nikhil Khatri	Wikeril Khafai	
25	Nikhil Mahendwariya	PliKA	
26	Prashant Kumar Meena		
27	Prayas Meena	Mikhi prasan	

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28	Preetam Chunwal	Preetam
29	Priyanshu Dhaman	Preetam Slyzy
31	Varun Jain	din d
32	Vijay Bairwa	wiry
33	Vijay Singh Jeenjwadia	YACIV
34	Vikash Kumar Kajla	UIKRSH
35	Yogesh Kumar	Logesy
36	Yuvraj Pathak	yuvaal
37	Ashish Choudhary	yoursh aghish
38	Ashish Singhaniya	AshisH
39	Ashok Parihar	ASHOK
40	Ashwin Kumar	Asun
41	Komal Chouhan	Komaj
42	Komal Sirra	Kompy
43	Krishan Kumar Yadav	kaishan
44	Krishan Yadav	wishan
45	Kuldeep Kumar Yadav	Kudeep
46	Moomal Kunwar	Moomal
47	Nikhil Yadav	NIKO
48	Nissan Sharma	NBS9M.
49	Nitin Choudhary	NITIM
50	Purushottam Tatiwal	purusHoffam
51	Pushpendra Meena	puspendry
52	Raghuraj Singh	PAGHURAI
53	Rahul Choudhary	बाहुल
54	Ravi Prajapat	Ray
55	Ravish	Raujsh
56	Ridhima Choudhary	Ridhing choudhary
57	Rahul Singh Chouhan	Rohul
58	Rashid Khan	Pasid
59	Raveena Choudhary	Daneeng
61	Ravi Bairwa	वर्ती

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William P.G. College

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Fareeda Principal (Dr. FAREEDA HASANI)

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75	Rishabh Vijaywal	Wishabh Vijaywal	
76	Shivam Jain	SHIVEIM	
77	Shivansh Gautam	Shivam Yaufam	
78	Vishal Mehra	Vishal Alohry	
79	Vivek Singh Shekhawat	Would Singh Reddawa	
80	Kuldeep Randa	Kulderes Panda	
81	Kuldeep Singh Jadon	Luddep Singh Jadon	
82	Kushal Dubey	Mahal dukey	
83	Rishika Kumari	richiha humani	
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(Dr. FAREEDA HASANI)
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## ST. WILFRED'S P.G. COLLEGE

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96	Abhishek Sharma	Abhishek Sharma
97	Bal Ram Mahar	Bal lam Mehar
98	Bharat Meena	अस्त भिना
99	Bharat Singh Rajpurohit	Bhat Sough Raffunch +
100	Bhau Din	21/13 FG01
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102	Bhuvnesh Kumar Atal	Brush lumar Ant
103	Chandan Grover	Chu dan Grover
104	Chandan Singh	Churcher light
105	Chandra Shekhar Yadav	Charles Glar vada
106	Chandrvir Singh	Chandring Singl.
107	Chirag Paliwal	PUNDT UTAGED
108	Dashrath Singh Rathore	Sahath Such Kokor.
109	Deepa Kumari Gupta	this Strk Midl
110	Deepak Kumar Meena	Dechik Lunar Munes
- 111	Deepak Pareek	Bulnik Paruell
112	Dev Mani Singh	Dar man longh
113	Geetanshi Sharma	gesarti framer.
114	Himank Kumar Jain	Hinerk Kumar Jain.
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117	Himanshu Jeliya	himanshy ofeliga.
118	Ishu Mour	gery Moer.
120	Mahaveer Prasad Meena	Mechan Paranad Heens
121	Mahipal Singh Yadav	Mahipal Sieh dadar
122	Man Mohan Saini	Man Maham Sain.
123	Manan Singh Mertia	Marian Sough Matria:
124	Mandeep Singh Maanju	अंदीप सिंह अंप्र
125	Nagender Singh	Nagender Singh.
126	Narendra Kharbas	Navendra kharbas
127	Naresh Choudhary	Naruh choudhare

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Principal

(Dr. FARPEDA HASANY

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

128	Naresh Kumar Meena	Nawh Kunan Moena
129	Navneet Kumar	Navneet Kumar
130	Nikhil Sinchi	mittil Sichi
131	Paharu Sharma	Daham Sharme
132	Palak Kumawat	Palak Kumawat
133	Parth Gurjar	lata Gurjan
134	Pawan kumar	4001 8212
135	Parveen Kumar	प्रीन प्रभए
136	Pinky Choudhary	Penhy choudhard
137	Prachi Bhardwaj	Dochi Bhardwal
138	Radhakishan Choudhary	Radhakishan choudhary
139	Rahul Jangid	Sahul Langid
140	Rahul Kumawat	Rahul Kumawat
141	Rahul Meena	rahal
142	Rahul Meghwal	Danul Meghaval
143	Rajesh Meena	Dojah
145	Sachin	Sachin
146	Sachin Meena	Sachin Muena
147	Sagar Jatawat	सप्तार
148	Sahil Khan	Sahal
149	Tames Ali	Tames
150	Jagdish Choudhary	Taylish

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### Workshop on Cyber Security



20/01/2023 Organised By St. Wilfred's PG College

This is to certify that

Prof./Dr./Mr./Ms....

has participated in "Cyber Security" .In this workshop She/He Presented Paper/Poster/Attended/Chaired a Technical Session on......

We wish him/her the best for future endeavour.



Dr. Keshav Badaya Hon. Secretary Dr. Fareeda Hasani Convener

#### **Overall Feedback of Students**

S.	Particulars Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	75 %	15 %	10%
3	The session was useful and practical	70 %	20 %	10%
4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	90 %	10 %	
6	The teacher encouraged us to ask questions	95 %	5 %	

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Name of Activity Fitle	Activity Report
<b>*</b>	
<u> Fitle</u>	Workshop on Creative Psychological
	Creative Psychological
Date	10/12/2022
Venue	St. Wilfred's P.G.College & Student Development Cell
Organized by	Department of Psychology
Faculty Coordinator	Dr Neema Shekhawat
Resource Person	Prof. Mukta Singhvi
Enrolled Student	98
Participated Students	88
Event Summary	Introduction: The workshop on "Creative Psychology" was organized to explore the intersection between creativity and psychology, delving into how creative thinking can enhance emotional well-being and personal growth. The workshop aimed to inspire participants to embrace their creativity as a tool for self-expression and problem-solving.  Key Objectives: Understanding Creative Psychology: The workshop began with an introduction to creative psychology, explaining the psychological processes behind creative thinking and its impact on mental health.  Nurturing Creative Expression: Participants were encouraged to explore various forms of creative expression, such as art, writing, music, and dance, as a means of self-discovery and emotional release.  Overcoming Creative Blocks: Strategies to overcome creative blocks and self-doubt were discussed, empowering participants to tap into their creative potential more freely.  Enhancing Emotional Well-being: The workshop explored how creative activities can positively influence emotional well-being, reduce stress, and promote mindfulness.  The Role of Creativity in Problem-Solving: Participants learned how creative thinking can be applied to problem-solving and decision-making in personal and professional contexts.  Fostering a Creative Environment: The importance of creating a supportive and nurturing environment for creativity to thrive was emphasized, both in individual settings and within organizations.  Applying Creative Psychology in Daily Life: Practical tips on incorporating creative practices into everyday life were shared;





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#### **Interactive Activities:**

To foster active participation and hands-on learning, the workshop included interactive activities such as creative writing exercises, art therapy, group discussions on creative challenges, and mindfulness sessions.

#### **Expert Facilitators:**

Experienced psychologists, therapists, and creative practitioners led the workshop. They shared their expertise and personal experiences in applying creative psychology in therapeutic settings and personal growth journeys.

#### Participant Feedback:

The workshop received positive feedback from participants who expressed their gratitude for the unique approach to psychology and creativity. Many attendees reported feeling inspired and motivated to explore their creative sides, leading to a deeper understanding of themselves and their emotions.

#### **Conclusion:**

The workshop on "Creative Psychology" successfully achieved its objective of combining psychological principles with creative exploration. By encouraging participants to embrace their creative potential, the workshop provided a fresh perspective on personal growth and emotional well-being. It is expected that the insights gained during the workshop will continue to inspire participants to integrate creative practices into their lives, leading to more fulfilling and mentally healthy lifestyles.

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#### **Enrolled Students**

S.No.	Student Name	
1	Aditi Sharma	
2	Aditya Meena	
3	Aditya Pratap Singh	
4	Aditya Yadav	
5	Aditya Yogi	
6	Ajay Choudhary	
7	Ajay Kumar	
8	Bhuwan Kumar Yadav	
9	Buddi Prakash Choudhary	
10	Chitranshu Kumar Choudhary	
11	Devansh Bhargava	
12	Devanshu Choudhary	
13	Devanshu Kumawat	
14	Devanshu Pareek	
15	Devesh Kumar	
16	Himanshu Khichar	
17	Himanshu Soyal	
18	Himanshu Tatu	
19	Jainul Abddin	
20	Komal Rathore	
21	Komal Sain	
22	Kunal Meena	
23	Lucky Khinchi	
24	Nikita Asudani	
25	Nitin	
26	Nitin Limba	
27	Pradeep	
28	Yash Kumar Yogi	
29	Yash Pachar	
30	Yash Pal Chouhan	
31	Yashasvi Kumari	
32	Ajay Kumar Meena	



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33	Akash Jangid
34	Akshay Gurjar
35	Akshay Sharma
36	Akshit Kumar Meena
37	Aman
38	Devi Lal
39	Dheeraj Agarwal
40	Dheeraj Sharma
41	Digvijay Singh Rathore
42	Jhunjhar Singh
43	Jitendra Kumar Meena
44	Jitendra Singh Tanwar
45	Jyoti Umarwal
46	Kuri Usha
47	Manish Choudhary
48	Manish Kumar
49	Nohit Singh
50	Priyanshu Bagoria
51	Priyanshu Verma
52	Prakhar Kumar
53	Pratiksha Meena
54	Pritam Bairwa
55	Priyanka Giyar
56	Rajveer Choudhary
57	Rakesh Jangid
58	Rakshit Soni
59	Ram Sharma
60	Raman Verma
61	Tushar Khatri
62	Ujjawal Jatawa
63	Upendra Singh Shekhawat
64	Vaibhav Jangid
65	Vishal Singh Meena
66	Vishesh Choudhary





67	Vishnu Sharma
68	Aman Sandu
69	Aman Singh
70	Amit Balaut
71	Manish Mehara
72	Anjali Sharma
73	Ankit Kumar
74	Ankit Sahu
75	Ankit Sharma
76	Ankur
77	Anuj Kumar Sahu
78	Manish Meena
79	Anamika
80	Manish Yadav
81	Mansi Tiwari
82	Manu Bairwa
83	Pulkit Sharma
84	Puneet
85	Pushpendra Kumar
86	Ranjeet Dadarwal
87	Rashi Dalal
88	Raveena Khatri
89	Ravindra Singh Shekhawat
90	Rishabh Chhawal
91	Rishabh Meena
92	Rishant
93	Rishi Meena
94	Salil Sharma
95	Yash
96	Yashvardhan Malik
97	Yuvraj Singh
98	Anuj Singh





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List of Participated Students



# ST. WILFRED'S P.G. COLLEGE

(Affiliated to the University of Rajasthan)

	Workshop on C	reative Psychological		
Session 2022-23				
S.No.	Student Name	Signature		
1	Aditi Sharma	Additisiane.		
2	Aditya Meena	- आरिय नीत		
3	Aditya Pratap Singh	Betityer.		
4	Aditya Yadav	ZTIPSCH MIGH		
5	Aditya Yogi	(Haur)		
6	Ajay Choudhary	Argentoder		
7	Ajay Kumar	254		
8	Bhuwan Kumar Yadav	of the same		
9	Buddi Prakash Choudhary	व दि प्रभाष		
10	Chitranshu Kumar Choudhary	1 /hit		
11	Devansh Bhargava	- Jewens		
12	Devanshu Choudhary	Sam		
13	Devanshu Kumawat	Spranky Peyecker		
14	Devanshu Pareek	Zuinghia		
15	Devesh Kumar	deven.		
16	Himanshu Khichar	Ehrs aday		
17	Himanshu Soyal	1 mana tata		
18	Himanshu Tatu	Carponant		
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20	Komal Rathore	famel father		
37-537	Komal Sain	Kanad		
22	Kunal Meena	कुनालभीक		
100000	Lucky Khinchi	Chichy		
24	Nikita Asudani	- Mandel		
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1000	Nitin Limba	िर्मित्याम्बा		
	7 Pradeep	MAM		
28	Yash Kumar Yogi	2/21 on Mic		

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30	Yash Pal Chouhan	Janice
31	Yashasvi Kumari	(Ng) seal)
32	Ajay Kumar Meena	3124 047
33	Akash Jangid	Akarh
34	Akshay Gurjar	32104195
35	Akshay Sharma	Aspen Shame
36	Akshit Kumar Meena	ZART
37	Aman	(Ans)
38	Devi Lal	2वीलाल
39	Dheeraj Agarwal	Mens
40	Dheeraj Sharma	theory to
41	Digvijay Singh Rathore	Column to E
42	Jhunjhar Singh	अम्रिलंध
43	Jitendra Kumar Meena	Titade
44	Jitendra Singh Tanwar	1/2 = Kis car
45	Jyoti Umarwal	J. 1
46	Kuri Usha	8tt. (L
47	Manish Choudhary	अपीयनार्धः
48	Manish Kumar	( NO
49	Nohit Singh	whit
50	Priyanshu Bagoria	trigate
- 51	Priyanshu Verma	+ Right
52	Prakhar Kumar	216/2 Juli
53	Pratiksha Meena	- Star Hat
54	Pritam Bairwa	र्र्ध्यमा
55	Priyanka Giyar	That
56	Rajveer Choudhary	Par
57	Rakesh Jangid	Ram
58	Rakshit Soni	happy to
59	Ram Sharma	1/h 2/31)

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_	Tushar Khatri	HOI CLOND
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64	Vaibhav Jangid	otno
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	Vishnu Sharma	1 Monn Shan
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69	Aman Singh	C. Marie
70	Amit Balaut	Ann
71	Manish Mehara	Menigh
72	Anjali Sharma	Anali
73	Ankit Kumar	Annit
74	Ankit Sahu	- द्वार्क्साइ
75	Ankit Sharma	Amer
76	Ankur	3/2
77	Anuj Kumar Sahu	Amy Kyner
78	Manish Meena	Spalantai
79	Anamika	(Amerike
80	Manish Yadav	Many a
81	Mansi Tiwari	-that the
82	Manu Bairwa	मार् भी भा
83	Pulkit Sharma	<u>प्रयान</u>
84	Puneet	1 yeta
85	Pushpendra Kumar	424-5 gniz
86	Ranjeet Dadarwal	Raquet
87	Rashi Dalal	Seta to 10
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88 Raveena Khatri



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# Workshop on Creative Psychology 10/12/2022 Organised By St. Wilfred's PG College

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Dr. Keshav Badaya

Dr. Keshav Badaya Hon. Secretary Dr. Fareeda Hasani

#### **Overall Feedback of Students**

S.	Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	75 %	15 %	10%
3	The session was useful and practical	70 %	20 %	10%
4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	80 %	10 %	10%
6	The teacher encouraged us to ask questions	85 %	15 %	

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]	Internal Quality Assurance Cell (IQAC)	
Activity Report		
Name of Activity	Workshop	
Title	Workshop on Disaster management	
Date	03/01/2023	
Venue	St. Wilfred's P.G. College, Jaipur	
Organized by	NSS & Student Development Cell	
Faculty Coordinator	Mr Sudhir Verma	
Resource Person	S.P. Lokesh Sonwal, IAS	
Enrolled Students	91	
Participated Students	85	
Event Summary	Introduction:	
Event Statistically	The workshop on 'Disaster Management' was organized to educate participants on effective strategies and preparedness measures to mitigate the impact of disasters and emergencies. The workshop aimed to enhance the participants' knowledge and skills in handling various types of disasters and promoting community resilience.  Key Objectives:  Understanding Disasters and Their Impact: The workshop began with an overview of different types of disasters, including natural disasters (e.g., earthquakes, floods, hurricanes) and man-made disasters (e.g., industrial accidents, terrorist attacks). Participants learned about the potential consequences of disasters or communities and infrastructure.  Disaster Preparedness and Planning: The workshop emphasized the importance of proactive disaster preparedness and planning. Participants were guided on developing emergency response plans for their households, workplaces, and communities.  Early Warning Systems: The significance of early warning systems in disaster management was highlighted. Participants learned about the importance of receiving timely information to make informed decisions during emergencies.  Search and Rescue Operations: The workshop covered search and	
	rescue techniques and protocols, emphasizing the importance of	
	teamwork and coordination during rescue operations.	
	Medical Response and First Aid: Participants were educated or	
	basic first aid skills to provide immediate assistance to those injured during disasters. The workshop also addressed the importance of setting up medical response teams and medical supply management.	
	Psychological Support and Trauma Management: The workshop addressed the psychological impact of disasters on individuals and communities. Participants learned about providing psychological support and trauma management to survivors and affected individuals.	
	individuals.  Role of Local Government and NGOs: The workshop discussed the roles and responsibilities of local government agencies and non-governmental organizations (NGOs) in disaster management and	





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relief efforts.

#### **Interactive Activities:**

To promote practical learning and active participation, the workshop included interactive activities such as tabletop disaster simulation exercises, group discussions on disaster response scenarios, and hands-on first aid training.

#### **Expert Facilitators:**

Experienced disaster management professionals, emergency responders, and representatives from relevant government agencies led the workshop. They shared real-life experiences and best practices in disaster response and management.

#### Participant Feedback:

The workshop received positive feedback from participants who appreciated the comprehensive coverage of disaster management topics. Many attendees expressed confidence in their ability to handle emergencies and contribute to community resilience after attending the workshop.

#### **Conclusion:**

The workshop on "Disaster Management" successfully achieved its objective of equipping participants with valuable knowledge and skills to effectively respond to disasters and emergencies. By promoting proactive preparedness, early warning systems, and proper response protocols, the workshop empowered participants to play a crucial role in disaster relief and recovery efforts. It is expected that the insights gained during the workshop will lead to improved disaster management practices and contribute to more resilient and safer communities.

Picture



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#### **Enrolled Students**

S.No.	Student Name
1	Ashish Kumar Meena
2	Ashok Kumar
3	Ashok Kumar Bairwa
4	Ashwin Bohra
5	Atul
6	Ayush Raisariya
7	Ayush Yadav
8	Monu Devanda
9	Muskan
10	Sunil Jinjwadiya
11	Sunil Kumar
12	Suresh Vishnoi
13	Virendra Singh Chouhan
14	Vishal Dhakad
15	Vishal Sharma
16	Vivan Meena
17	Sandeep Dung Dung
18	Sandeep Singh Rathore
19	Sanjukta Das
20	Sanskriti Jain
21	Sohail Bairathi
22	Sourabh Siraswal
23	Sujata Potliya
24	Tanish Mathur
25	Tushar Sharma
26	Uddeshay Vyas
27	Vansh Agarwal
28	Aarav Pawa
29	Abhinav Dwivedi
30	Aditi Bajaj





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31	Aditya Kumar
32	Ajay Kumar Bairwa
33	Akshat Jain
34	Akshit Malik
35	Aman Soni
36	Bhupendra Singh
37	Bhupesh
38	Deepak Diggiwal
39	Devendra Singh Choudhary
40	Devendra Singh Rajpurohit
41	Dharam Singh Meena
42	Digvijay Singh
43	Dinesh
44	Garv Jain
45	Arjun Singh Bhumla
46	Arpit Gugnani
47	Arpita Dwivedi
48	Ashok Kumawat
49	Ayush Bhatra
50	Gaurav Gupta
51	Gourav Middha
52	Harsh Kumar
53	Hemant Purohit
54	Hemant Saini
55	Ira Jain
56	Jai Kumar Prajapati
57	Jaidev Sharma
58	Jainesh Gupta
59	Kanishk Vohra
60	Keshav Agarwal
61	Khushi Sharma
62	Krishan Kumar Meena
63	Kunal Sharma
64	Lakshay Sainii





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65	Lokesh Sharma
66	Mohit Sharma
67	Nalin Upadhyay
68	Neha Agarwal
69	Neha Bhimsaria
70	Nishant Beniwal
71	Pawan Saini
72	Peeyush Bijaraniya
73	Pooja Saini
74	Prithviraj Singh
75	Rahul Jangid
76	Rahul Lalwani
77	Rohit Kumawat
78	Vansh Khandelwal
79	Varun Mittal
80	Vikram Jeet Singh
81	Vikrant Sharma
82	Vinayak Chaturvedi
83	Yayati Agarwal
84	Aashish Madhiwal
85	Abdul Wahab Khan
86	Abhay Pratap Singh Jadoun
87	Abhilasha Singh
88	Abhimanyu Singh Shekhawat
89	Akash Sharma
90	Akriti Saxena
91	Rahul Sharma



Principal

(Dr. FAREEDA HASANI)

JAIPUR

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List of Participated Students



# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

	Workshop on D	isaster management	
Session 2022-23			
S.No.	Student Name	Signature	
1	Ashish Kumar Meena	A Da	
2	Ashok Kumar	Zrui-	
3	Ashok Kumar Bairwa	Ach	
4	Ashwin Bohra	1297	
5	Atul	Dtul	
6	Ayush Raisariya	Byun	
7	Ayush Yadav	3/12-17/40	
8	Monu Devanda	41.5(9-51	
9	Muskan	المراجع المراجع	
10	Sunil Jinjwadiya	Shrip	
11	Sunil Kumar	Suit	
12	Suresh Vishnoi	संघितार	
13	Virendra Singh Chouhan	क्रिरे-इंशिर्	
14	Vishal Dhakad	Vimal	
15	Vishal Sharma	Unal Sham.	
16	Vivan Meena	Quotes.	
17	Sandeep Dung Dung	Condens	
18	Sandeep Singh Rathore	र्गरीपिक ६	
19	Sanjukta Das	क्स द कार्या	
20	Sanskriti Jain	र्भ जार भी	
21	Sohail Bairathi	Sotail	
22	Sourabh Siraswal	Katen	
23	Sujata Potliya	्र देश	
24	Tanish Mathur	Janin C	
25	Tushar Sharma	GGV INI	
26	Uddeshay Vyas	उद्देश्य विश्वीत	
27	Vansh Agarwal	at Insur	
28	Aarav Pawa	Daret	



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29	Abhinav Dwivedi	to the University of Kajasthan)
	Aditi Bajaj	
	Aditya Kumar	() elarge
	Ajay Kumar Bairwa	31 dn 02 115
	Akshat Jain	SANG.
	Akshit Malik	(Plant of
	Aman Soni	makint
	Bhupendra Singh	Rhucerde
	Bhupesh	15/45
		A
	Deepak Diggiwal	Au
	Devendra Singh Choudhary	- Jewasta
	Devendra Singh Rajpurohit	Claus 614.
	Dharam Singh Meena	Trans
	Digvijay Singh	- Might
	Dinesh	There .
	Garv Jain	- Cara
	Arjun Singh Bhumla	(Nepit )
	Arpit Gugnani	764 (22)
	Arpita Dwivedi	11/3/21/41/41
	Ashok Kumawat	(Assert
	Ayush Bhatra	Gamer
	Gaurav Gupta	जारेव मिहाका
	Gourav Middha	Gay annie
	Harsh Kumar	- Homent Parketit
	Hemant Purohit	Mean F Cami
	Hemant Saini	15172 ()
	Ira Jain	Tri Kuma lozapis
	Jai Kumar Prajapati	Jaide
	Jaidev Sharma	7721
	Jainesh Gupta	Adma cxx
39	Kanishk Vohra	1 1/102

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60	Keshav Agarwal	to the University of Rajasthan)
61	Khushi Sharma	744
	Krishan Kumar Meena	James
63	Kunal Sharma	Kentine
64	Lakshay Sainii	(kus)
65	Lokesh Sharma	lauhon
66	Mohit Sharma	Minny
67	Nalin Upadhyay	7181 4n.
68	Neha Agarwal	701
69	Neha Bhimsaria	METH OF MENTE Y
	Nishant Beniwal	(D)
	Pawan Saini	(Pa)
	Peeyush Bijaraniya	house a
73	Pooja Saini	La sala
	74 Prithviraj Singh	
75		
76	Yayati Agarwal	Large Hi
	Aashish Madhiwal	31210000
78	Abdul Wahab Khan	Below >
79	Abhay Pratap Singh Jadoun	Alpha
	Abhilasha Singh	31 MICH
81	Abhimanyu Singh Shekhawat	(Sin N-4)
82	Akash Sharma	DILTAY TANI
83	Akriti Saxena	(AKyT) Room,
84	Rahul Sharma	Books
85	Rahul Gupta	Pulh

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#### Workshop on Disaster Managment



**03/01/2023**Organised By

#### St. Wilfred's PG College

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Prof./Dr./Mr./Ms....

Dr. Keshav Badaya Hon. Secretary

Dr. Fareeda Hasani Convener

#### **Overall Feedback of Students**

S.	Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	75 %	15 %	10%
3	The session was useful and practical	80 %	20 %	
4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	70 %	15 %	15%
6	The teacher encouraged us to ask questions	85 %	15 %	

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Internal Quality Assurance Cell (IQAC)				
Activity Report				
Name of Activity Workshop on Computer Basics				
Title One Day Workshop on Computer Basics				
Date	04/11/2022			
Venue	St. Wilfred's P.G. College, Jaipur			
Organized by	BCA Department			
Faculty Coordinator	Ms. Harshika Mathur			
Resource Person	Prof. A.K. Tiwari			
Enrolled Student	102			
Participated Students	94			
Event Summary	Introduction:			
	The one-day workshop on "Computer Basics" was organized to			
	provide participants with fundamental knowledge and hands-on			
	experience in using computers. The workshop aimed to bridge the			
	digital divide and empower individuals with essential computer			
	skills for personal and professional growth.			
	Key Objectives:			
	Introduction to Computers: The workshop began with an			
	introduction to computers, explaining their basic components,			
	functions, and applications in various fields.			
	Operating Systems and Software: Participants were familiarized			
	with different operating systems and common software			
	applications used for productivity, communication, and creative			
	tasks.			
	Computer Hardware: The workshop covered essential computer			
	hardware components, including the CPU, monitor, keyboard,			
	mouse, and storage devices.			
	Basic Computer Operations: Participants learned how to power			
	on/off the computer, navigate the desktop, and open and close			
	applications.			
	File Management: The workshop addressed file management			
	principles, including creating folders, organizing files, and using			
	the file explorer or finder.			
	Internet and Web Browsing: Participants were introduced to			
	internet basics, web browsers, and safe web browsing practices.			
	Email and Online Communication: The workshop provided			
	guidance on setting up email accounts, composing and sending			
	emails, and managing contacts.			
	Interactive Activities:			
	To promote active learning and practical application, the workshop			



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included hands-on activities such as guided computer usage, web browsing exercises, and file management tasks.

#### **Expert Facilitators:**

Experienced computer instructors and trainers led the workshop. They provided step-by-step guidance and patiently addressed participants' queries.

#### Participant Feedback:

The workshop received positive feedback from participants who expressed their gratitude for the comprehensive introduction to computer basics. Many attendees reported feeling more confident in using computers after the workshop, and some shared their plans to pursue further computer-related courses.

#### **Conclusion:**

The one-day workshop on "Computer Basics" successfully achieved its objective of imparting essential computer skills to participants. By covering the basics of computer usage, file management, internet browsing, and email communication, the workshop empowered individuals with the foundational knowledge needed to navigate the digital world. It is expected that the insights gained during the workshop will enable participants to access new opportunities and engage more confidently with technology in their personal and professional lives.

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

#### **Enrolled Students**

S.No.	Students Name
1.	Amit Akodiya
2.	Amit Choudhary
3.	Amit Jangid
4.	Amit Kharbas
5.	Amit Nitharwal
6.	Anish Yadav
7.	Anjali Yadav
8.	Ankesh Jat
9.	Ankit Kumar
10.	Ankit Yadav
11.	Ankush Meena
12.	Ankush Yadav
13.	Anshul Meena
14.	Anuj Sharma
15.	Arjun
16.	Arjun Sharma
17.	Arun Kumar Yadav
18.	Aryan Rathore
19.	Ashish
20.	Ashish Mina
21.	Ashok Kumar Meena
22.	Ashutosh Pratap Singh
23.	Ayush Atray
24.	Ayush Choudhary
25.	Bhanu Pratap Bairwa
26.	Divyanshu Singh
27.	Himanshu Choudhary
28.	Kunal Bagotia
29.	Kunal Saini







30.	Kunal Yadav
31.	Kunwar Singh
32.	Mohit Sharma
33.	Mona
34.	Monu Bairwa
35.	Naman Acharya
36.	Narpat Ram Choudhary
37.	Navdeep
38.	Naveen Kumar
39.	Navneet Kumar
40.	Neeraj Sharma
41.	Neha Kaswan
42.	Nikita Singhal
43.	Niranjan Rajpurohit
44.	Nishant Meena
45.	Nishkarsh Sharma
46.	Nitesh Gurjar
47.	Nitish Kumar Yadav
48.	Parag Sharma
49.	Parveen Kumar
50.	Pavan Sharma
51.	Pawan Sidh
52.	Piyush Gupta
53.	Piyush Sharma
54.	Pradeep Yadav
55.	Pradhuman
56.	Pranjal Gautam
57.	Praval Tyagi
58.	Praveen Nayak
59.	Preetam Choudhary
60.	Prince Soni





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61.	Prince Verma
62.	Prince Albart Saini
63.	Sachin Narayan Kashyap
64.	Sahil Khan
65.	Sandeep Verma
66.	Sanjana Choudhary
67.	Sanjay Meena
68.	Sanwarmal Bairwa
69.	Saurav Meena
70.	Shakti Singh
71.	Sharad Mittal
72.	Shashi
73.	Shashikant Bainada
74.	Shivam Singh
75.	Shivdeep Swami
76.	Shubham Singh Rathore
77.	Siddharth Singh
78.	Siddharth Verma
79.	Tanisha Goyal
80.	Tarun Singh Andhana
81.	Tirupati Sharma
82.	Kushal Singh Choudhary
83.	Kusum Soni
84.	Lakshay Saini
85.	Lokendra Singh Rathore
86.	Lokesh Singh
87.	Mahendra Kumawat
88.	Mahesh Kumar Saini
89.	Mahesh Meena
90.	Priyanka Pareek
91.	Priyanshu Jain



Principal

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92.	Rahul
93.	Rahul Nishad
94.	Rahul Nitharwal
95.	Rahul Verma
96.	Raj Singh Jadoun
97.	Rajendra Gurjar
98.	Ramandeep
99.	Manish Kumar
100.	Manish Kumar Saini
101.	Manish Kumar Verma
102.	Manvender Pal



Principal

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List of Participated Students



### ST. WILFRED'S P.G. COLLEGE

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Workshop on Computer Basics Session 2022-23				
S.No.	Students Name	Signature		
1 -	Amit Akodiya	Don		
2	Amit Choudhary	- amit		
3	Amit Jangid	Amil		
4	Amit Kharbas	Doctarlos		
5	Amit Nitharwal	Anit		
6	Anish Yadav	· Caris		
7	Anjali Yadav	Aujali.		
8	Ankesh Jat	Bu		
9	Ankit Kumar	Amet		
10	Ankit Yadav	Andet		
11	Ankush Meena	Andrel		
12	Ankush Yadav	Her		
13	Anshul Meena	Anshul -		
14	Anuj Sharma	Any Sharmon		
15	Arjun ·	ANTU 2		
16	Arjun Sharma	Arom ~		
17	Arun Kumar Yadav	om		
18	Aryan Rathore	Aryan		
19	Ashish	Anyan		
20	Ashish Mina	(Deso		
21	Ashok Kumar Meena	Ashek		
22	Ashutosh Pratap Singh	775mr-		
23	Ayush Atray	Ayush		
24	Ayush Choudhary	· Mys		
25	Bhanu Pratap Bairwa	Bhan4 Pratab		
26	Divyanshu Singh	James		
27	Himanshu Choudhary	Burgler		
28	Kunal Bagotia	( Homentia		

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(Dr. FARLEDA HASANI)

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29	Kunal Saini	kungl
30	Kunal Yadav	Permed
31	Kunwar Singh	Lunwar
32	Mohit Sharma	man was a series of the series
33	Mona	mohit
34	Monu Bairwa	Mona
35	Naman Acharya	MonU
36	Narpat Ram Choudhary	Namury Arph)
37	Navdeep	00
38	Naveen Kumar	(NO
39	Navneet Kumar	Nomera
40	Neeraj Sharma	NOVNEET KUI
41	Neha Kaswan	Neeros
42	Nikita Singhal	Neha
43	Niranjan Rajpurohit	NIPC)
44	Nishant Meena	Nivarsay
45	Nishkarsh Sharma	Nishkaroh
46	Nitesh Gurjar	मीत्रा
47	Nitish Kumar Yadav	Polity F.
48	Parag Sharma	Bar
49	Parveen Kumar	Stop)
50	Pavan Sharma	Payan
51	Pawan Sidh ,	Daryan
52	Piyush Gupta	o's wild
53	Piyush Sharma	Pared
54	Pradeep Yadav	madean
55	Pradhuman	Poradhumane
56	Pranjal Gautam	Banjal.
57	Praval Tyagi	Praval
58	Praveen Nayak	Praveen.
59	Preetam Choudhary	Reetam

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60	Prince Soni	(Prince)
61	Prince Verma	Bunce
62	Prince Albart Saini	PrinceAlbard
63	Sachin Narayan Kashyap	pachines
64	Sahil Khan	8 Blus
65	Sandeep Verma	SandeeA
66	Sanjana Choudhary	Santan
67	Sanjay Meena	Sanjay meena
68	Sanwarmal Bairwa	Same
69	Saurav Meena	Dausay
70	Shakti Singh	Shart
71	Sharad Mittal	abord mittal
72	Shashi	ashashis
73	Shashikant Bainada	Sharry
74	Shivam Singh	Shivame
75	Shivdeep Swami	Shirldeen
76	Shubham Singh Rathore	Subham
77	Siddharth Singh	Delders
78	Siddharth Verma	Siddharth Derma
79	Tanisha Goyal	Janisha
80	Tarun Singh Andhana	· Jarun
81	Tirupati Sharma	Tiruhti
82	Kushal Singh Choudhary	Kushey
83	Kusum Soni	Leudina
84	Lakshay Saini	Oakoshay
85	Lokendra Singh Rathore	Lokesh dingh
86	Lokesh Singh	- Musto
87	Rahul Verma	Cahul_
88	Raj Singh Jadoun	Rous
89	Rajendra Gurjar	Rais Gular
90	Ramandeep	Pamandaga

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Principal

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### ST. WILFRED'S P.G. COLLEGE

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91	Manish Kumar	Mansub
92	Manish Kumar Saini	Mani Sh Sauni
93	Manish Kumar Verma	manish
94	Manvender Pal	Ruft

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Principal

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#### Workshop on Computer Basics



**04/011/2022** Organised By

#### St. Wilfred's PG College

This is to certify that

Prof./Dr./Mr./Ms.

Dr. Keshav Badaya
Hon. Secretary

Dr. Fareeda Hasani
Convener

#### **Overall Feedback of Students**

S.	Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	75 %	15 %	10%
3	The session was useful and practical	80 %	20 %	
4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	80 %	20 %	
6	The teacher encouraged us to ask questions	85 %	15 %	

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In	nternal Quality Assurance Cell (IQAC)	
Activity Report		
Name of Activity	One Day Workshop on yoga and stress management	
Title	Yoga and Stress management	
Date	22/12/2022	
Venue	St. Wilfred's P.G. College, Jaipur	
Organized by	NSS & Student Development Cell	
Faculty Coordinator	Mr. Sudhir Verma	
Resource Person	Mr Hari Om Sharma	
Enrolled Student	80	
Participated Students	75	
Event Summary	Introduction:	
	The one-day workshop on "Yoga and Stress Management" was	
	organized to promote the benefits of yoga in alleviating stress and	
	improving overall well-being. The workshop aimed to educate	
	participants about various yoga practices and techniques that can be	
	incorporated into their daily lives to manage stress effectively.	
	Key Objectives:	
	Understanding Stress and its Impact: The workshop began with an	
	explanation of stress, its causes, and its effects on physical and	
	mental health. Participants were made aware of the importance of	
	managing stress for a balanced lifestyle.	
	<b>Introduction to Yoga:</b> Participants were introduced to the ancient	
	practice of yoga and its holistic approach to wellness,	
	encompassing physical postures (asanas), breathing exercises	
	(pranayama), meditation, and relaxation techniques.	
	Yoga for Stress Relief: The workshop focused on specific yoga	
	asanas and sequences known for their stress-relieving properties.	
	Participants learned how to perform these postures safely and	
	effectively.	
	Breathing Techniques: Various pranayama techniques were	
	demonstrated to help participants regulate their breath and calm	
	their minds, reducing anxiety and stress levels.	
	Mindfulness and Meditation: The workshop included	
	mindfulness exercises and guided meditation sessions to promote	
	mental clarity and emotional balance.	
	Incorporating Voga into Daily Pouting Participants was	
	Incorporating Yoga into Daily Routine: Participants were	
	encouraged to integrate simple yoga practices into their daily	
	routines to maintain a consistent stress management routine.	





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**Benefits of Yoga for Overall Well-being:** The workshop emphasized the broader benefits of yoga beyond stress management, including improved flexibility, strength, and mental focus.

#### **Interactive Activities:**

To enhance experiential learning, the workshop included interactive activities such as group yoga sessions, guided meditation, and discussions on stress management strategies.

#### **Expert Facilitators:**

Experienced yoga instructors and mindfulness practitioners led the workshop. They provided personalized guidance and modifications to accommodate participants' different fitness levels.

#### Participant Feedback:

The workshop received positive feedback from participants who expressed their appreciation for the holistic approach to stress management through yoga. Many attendees reported feeling more relaxed, centered, and equipped with practical tools to manage stress in their daily lives.

#### **Conclusion:**

The one-day workshop on "Yoga and Stress Management" successfully achieved its objective of introducing participants to the benefits of yoga in reducing stress and improving overall well-being. By providing valuable insights into yoga practices, breathing techniques, and meditation, the workshop empowered participants to proactively manage stress and cultivate a more balanced and healthy lifestyle. It is expected that the knowledge and practices gained during the workshop will continue to positively impact participants' lives by fostering mental and physical well-being.

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

#### **Enrolled Students**

S.No.	Students Name	
1	Vaidika Sain	
2	Renu Choudhary	
3	Ritesh Kumar	
4	Rohit Choudhary	
5	Rohit Sharma	
6	Roshan Yadav	
7	Rudrakshi Choudhary	
8	Ved Prakash Meena	
9	Vidit Sharma	
10	Vijay Prajapat	
11	Vijay Singh	
12	Vikas Bairwa	
13	Vikas Kumar	
14	Vinit Verma	
15	Vipin Kumar Meena	
16	Vivek Chapparwal	
17	Vrinda Khetan	
18	Yagya Kumar Meena	
19	Yashwant Verma	
20	Yogendra Singh	
21	Yogesh Prajapat	
22	Yugal Patidar	
23	Yukti Sevakramani	
24	Aayush Gupta	
25	Aayush Kumar Bansal	
26	Abhay Kumar	
27	Abhay Prajapat	
28	Abhay Sikarwar	
29	Abhishek Kumar Bairwa	
30	Abhishek Meena	
31	Bhanu Kumar Meena	
32	Bharat Kumawat	







33	Bharat Sharma
34	Bharti Kumari
35	Bhawani Shankar
36	Bhupen Kumar
37	Bhupendra Tyagi
38	Biram Dev Bharti
39	Biramdev
40	Chetan Saini
41	Chirag Yadav
42	Chitra Parsoiya
43	Deeksha Saini
44	Deen Dayal Singh Rao
45	Deenu Singh Chahar
46	Deepak Bairwa
47	Deepak Mahawar
48	Deepak Mirotha
49	Deepak Nawal
50	Deepak Singh
51	Deepika Meena
52	Deepika Sharma
53	Faraj Khan
54	Fateh Singh Rajpoot
55	Gagan Kumar
56	Garima Sharma
57	Garvit Gajraj
58	Gaur Gaurav S
59	Gaurav Dagur
60	Gaurav Gauttam
61	Gaurav Kumar Meena
62	Hannu Charan
63	Hardik Padwal
64	Harsh Choudhary
65	Anchal Kanwar
66	Anil Yadav





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67	Ravi Kumar	
68	Ravi Kumar Meena	
69	Gourav Miglani	
70	Gulshan Bhatia	
71	Gourav	
72	Hardik Khanna	
73	Abhishek Sharma	
74	Abhishek Saadh	
75	Abhishek Yogi	
76	Adarsh Choudhary	
77	Aditya Choudhary	
78	Aditya Pareek	
79	Abdulla Tanwar	
80	Ajay Dhaka	



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List of Participated Students



# ST. WILFRED'S P.G. COLLEGE

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	One Day Worksho	p on Yoga and Stress management
	1.000000	Session 2022-23
S.No.	Students Name	Signature
1	Aayush Gupta	Haylish Crupta.
2	Aayush Kumar Bansal	Aayush Kemar
3	Abhay Kumar	AppayKumar
4	Abhay Prajapat	Appay Prayapat
5	Abhay Sikarwar	Abbay
6	Abhishek Kumar Bairwa	Rumar Rouesla
7	Abhishek Meena	Alens
8	Abhishek Saadh	Abhaliel Saadh
9	Abhishek Sharma	
10	Abhishek Yogi	Donislar Logi
11	Anchal Kanwar	Anchel
12	Anil Yadav	Au.
13	Bhanu Kumar Meena	Bharry
14	Bharat Kumawat	Bhasit
15	Bharat Sharma	
16	Bharti Kumari	Bhooley.
17	Bhawani Shankar	Bharlos
18	Bhupen Kumar	Bhill
19	Bhupendra Tyagi	BherRendra
20	Biram Dev Bharti	Billion
21	Biramdev	Be-
22	Chetan Saini	(2)
23	Chirag Yadav	Chris
24	Chitra Parsoiya	Chila
25	Deeksha Saini	Docksky
26	Deen Dayal Singh Rao	Des
27	Deenu Singh Chahar	Deemy

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### ST. WILFRED'S P.G. COLLEGE

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29	Deepak Mahawar	Deepar Wahanlas
30	Deepak Mirotha	Occ.
31	Deepak Nawal	DeePak Mandal
32	Deepak Singh	002
33	Deepika Meena	Deep3 Ka-
34	Deepika Sharma	Deeliker Sharma
35	Faraj Khan	Fagas Khanes
36	Fateh Singh Rajpoot	To Post he sind
37	Gagan Kumar	Grageian
38	Garima Sharma	Crarissa
39	Garvit Gajraj	Garret
40	Gaur Gaurav S	(-70W)-
41	Gaurav Dagur	Gavaav
42	Gaurav Gauttam	Granzar Dagus
43	Gaurav Kumar Meena	Graneau IL
44	Gourav	(D)
45	Gourav Miglani	Gawas
46	Gulshan Bhatia	Gulsham
47	Hannu Charan	Hanne
48	Hardik Khanna	Handik.
49	Hardik Padwal	Daele
50	Harsh Choudhary	Harsh
51	Ravi Kumar	Rouse
52	Ravi Kumar Meena	Raus
53	Renu Choudhary	Renu
54	Ritesh Kumar	Riterh
55	Rohit Choudhary	Rice
56	Rohit Sharma	Robert
57	Roshan Yadav	Rollen
58	Rudrakshi Choudhary	Ridrakelin

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

59	Vaidika Sain	VailiRa
60	Ved Prakash Meena	Vila
61	Vidit Sharma	Widit Starma.
62	Vijay Prajapat	May Verageifert
63	Vijay Singh	ilyan sirih
64	Vikas Bairwa	1600
65	Vikas Kumar	VikesKumar
66	Vinit Verma	Unit.
67	Vipin Kumar Meena	Vikin
68	Vivek Chapparwal	Turell
69	Vrinda Khetan	Voisda
70	Yagya Kumar Meena	Lagre
71	Yashwant Verma	
72	Yogendra Singh	Xogenole
73	Yogesh Prajapat	xogesh.
74	Yugal Patidar	Yugal Yardas
75	Yukti Sevakramani	Yurti



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## Workshop

on

### **Yoga And Stress Management**



22/012/2022

Organised By

#### St. Wilfred's PG College

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Dr. Keshav Badaya Hon. Secretary

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Dr. Fareeda Hasani Convener

#### **Overall Feedback of Students**

S. No.	Particulars	High	Moderate	Poor
1	The content was good & effective	80 %	20 %	
2	The session was manageable		5 %	
3	The session was useful and practical	80 %	10 %	10%
4	The activity was well planned and systematic		15 %	10%
5	The teacher was very good at answering our questions	80 %	10 %	10%
6	The teacher encouraged us to ask questions	85 %	15 %	

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	Internal Quality Assurance Cell (IQAC)				
Name of Activity	Activity Report One Day Workshop on Business Analytics				
Title	One Day Workshop on Business Analytics  One Day Workshop on Business Analytics				
Date	06/01/2023				
Venue	St. Wilfred's P.G. College, Jaipur				
Organized by	Commerce Department & Student Development Cell				
Faculty	Dr.Pratibha Jain				
Coordinator					
Resource Person	Prof. S.K. Mangal				
Enrolled Student	133				
Participated Students	125				
Event Summary	Introduction:				
Lvent Summary					
	The one-day workshop on "Business Analytics" was organized to introduce				
	participants to the field of business analytics and its applications in				
	decision-making and problem-solving. The workshop aimed to enhance				
	participants' understanding of data analysis techniques and their role in				
	driving business success.				
	Key Objectives:				
	Introduction to Business Analytics: The workshop began with an				
	overview of business analytics, explaining its importance in extracting				
	valuable insights from data to support business strategies.				
	Data Collection and Management: Participants learned about the process				
	of data collection, storage, and management, emphasizing the significance				
	of reliable and high-quality data for accurate analysis.				
	<b>Data Visualization:</b> The workshop covered data visualization techniques to				
	effectively communicate insights to stakeholders and facilitate data-driven				
	decision-making.				
	Descriptive Analytics: Participants were introduced to descriptive				
	analytics, which involves summarizing and interpreting historical data to				
	gain a better understanding of past performance.				
	<b>Predictive Analytics:</b> The workshop explored predictive analytics,				
	focusing on using historical data and statistical models to make informed				
	predictions about future outcomes.				
	Prescriptive Analytics: Participants learned about prescriptive analytics,				
	which involves using optimization and simulation techniques to recommend				
	the best course of action for specific business scenarios.				
	and desired of action for specime outsides sections.				
	Business Applications of Analytics: The workshop showcased real-life				
	examples of how businesses utilize analytics to improve operations,				
	enhance customer experiences, and drive profitability.				
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#### **Interactive Activities:**

To enhance engagement and practical learning, the workshop included interactive activities such as data analysis exercises, hands-on data visualization tasks, and group discussions on business case studies.

#### **Expert Facilitators:**

Experienced business analysts and data scientists led the workshop. They shared their expertise in the field and demonstrated the application of analytics tools and techniques.

#### Participant Feedback:

The workshop received positive feedback from participants who expressed their appreciation for the clear and concise introduction to business analytics concepts. Many attendees reported feeling more motivated to explore the field further and integrate data-driven approaches in their respective roles.

#### **Conclusion:**

The one-day workshop on "Business Analytics" successfully achieved its objective of introducing participants to the world of data-driven decision-making and its applications in business contexts. By covering essential concepts such as data collection, visualization, descriptive, predictive, and prescriptive analytics, the workshop provided a solid foundation for understanding and leveraging data for business success. It is expected that the insights gained during the workshop will inspire participants to explore business analytics further and contribute to their organizations' data-driven growth strategies.

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

#### **Enrolled Students**

S.No.	Students Name
1	Afreen
2	Ajay Bhadhana
3	Ajay Choudhary
4	Ajay Jat
5	Ajay Kumar Meena
6	Ajay Mahawar
7	Ajay Singh
8	Ajay Verma
9	Akash Kankarwal
10	Akash Meena
11	Akshay Kumar Meena
12	Alaska Yadav
13	Aman Choudhary
14	Aman Yadav
15	Bhupen Kumar
16	Bhupendra Tyagi
17	Biram Dev Bharti
18	Biramdev
19	Deepika Sharma
20	Desh Raj
21	Devansh Mina
22	Devendra Choudhary
23	Devendra Singh Samant
24	Dheeraj Sharma
25	Dheerendra Pratap Singh Rathor
26	Dhruv Pratap Singh Rathore
27	Dilkesh Meena
28	Dilkhush Meena
29	Girraj Baloda
30	Gourav Lodha
31	Gourav Rundla
32	Gourav Singh Tanwar







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33	Granth Shukla
34	Gungun Bajaj
35	Gunit Rawal
36	Harshita Gupta
37	Hasmukh Patidar
38	Hemanshi Choudhary
39	Hemant Kumar Dhaked
40	Hemant Kumar Saini
41	Hemant Singh
42	Hemraj Kumar Banshiwal
43	Himanshu Kumar Sharma
44	Himanshu Meena
45	Ishika Choudhary
46	Jaisingh
47	Jaspal
48	Jatin Jangid
49	Jatin Dhakad
50	Jatin Dutta
51	Jatin Raj
52	Jay Singh
53	Jay Singh Chouhan
54	Jitendra Sharma
55	Joya Akhtar
56	Jyoti Meena
57	Kamani Sharma
58	Kapil Kumar
59	Karan Singh Rathore
60	Kartik Kumar
61	Kaushik Parashar
62	Kishan Meena
63	Krishan Choudhary
64	Krishankant Lata
65	Kuldeep Meena
66	Lakshya Shekhawat



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67	Lokender Shekhawat
68	Lokendra Gurjar
69	Lokendra Sharma
70	Lokesh Kumar
71	Lokesh Kumar Bana
72	Lokesh Kumar Meena
73	Madan Lal Meena
74	Madu Singh Rajpurohit
75	Mahak Rani Patel
76	Mahesh Choudhary
77	Mahesh Kumar Sharma
78	Mahesh Singh Rajawat
79	Manan Sharma
80	Manav Jain
81	Mayank Kumar Bansal
82	Mayank Rajoriya
83	Mayank Sharma
84	Md Ijaj Gouri
85	Meena Shivkumar Ramlakhan
86	Nagendra Singh
87	Naman Singhal
88	Narendra Kumar Meena
89	Naresh Kumar Saini
90	Narsi Gurjar
91	Naveen
92	Naveen Kumar
93	Neeraj Singh Parmar
94	Neetesh Meena
95	Neha Choudhary
96	Neha Parashar
97	Nikhil Goyal
98	Nirmal Chawala
99	Nitin Goswami
100	Nitin Kumar Bairwa

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101 Nitin Kumar Sahu 102 Nupur Tak 103 Omesh Bishnoi 104 Pankaj Gaud 105 Pankaj Kumar Meena 106 Pankaj Meena 107 Pankaj Prajapat 108 Pawan Chandel 109 Pawan Kumar 110 Pawan Singh Yadav 111 Pintu Choudhary 112 Pintu Ram 113 Pooja Gurjar 114 Pooja Kumawat 115 Prabhat Sharma 116 Pradeep Prajapat 117 Pradeep Singh 118 Pramod Kumar Jangir 119 Pranvendra Singh 120 Prashant 121 Prateek Mathur	
103 Omesh Bishnoi 104 Pankaj Gaud 105 Pankaj Kumar Meena 106 Pankaj Meena 107 Pankaj Prajapat 108 Pawan Chandel 109 Pawan Kumar 110 Pawan Singh Yadav 111 Pintu Choudhary 112 Pintu Ram 113 Pooja Gurjar 114 Pooja Kumawat 115 Prabhat Sharma 116 Pradeep Prajapat 117 Pradeep Singh 118 Pramod Kumar Jangir 119 Pranvendra Singh 120 Prashant	
105 Pankaj Kumar Meena 106 Pankaj Meena 107 Pankaj Prajapat 108 Pawan Chandel 109 Pawan Kumar 110 Pawan Singh Yadav 111 Pintu Choudhary 112 Pintu Ram 113 Pooja Gurjar 114 Pooja Kumawat 115 Prabhat Sharma 116 Pradeep Prajapat 117 Pradeep Singh 118 Pramod Kumar Jangir 119 Pranvendra Singh 120 Prashant	
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110 Pawan Singh Yadav  111 Pintu Choudhary  112 Pintu Ram  113 Pooja Gurjar  114 Pooja Kumawat  115 Prabhat Sharma  116 Pradeep Prajapat  117 Pradeep Singh  118 Pramod Kumar Jangir  119 Pranvendra Singh  120 Prashant	
111 Pintu Choudhary  112 Pintu Ram  113 Pooja Gurjar  114 Pooja Kumawat  115 Prabhat Sharma  116 Pradeep Prajapat  117 Pradeep Singh  118 Pramod Kumar Jangir  119 Pranvendra Singh  120 Prashant	
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121 Prateek Mathur	
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122 Pratham Dadhich	
123 Praveen Kushwah	
124 Priti Meena	
125 Priyank Dhakad	
126 Priyanka Ahalawat	
127 Priyanshi Yadav	
128 Priyanshu Sharma	
129 Rahul	
130 Rahul Dhayal	
131 Rahul Gurjar	
132 Suman Gupta	
133 Anil Sharma	



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List of Participated Students



	One Day Work	shop on Business Analytics			
	Session 2022-23				
S.No.	Students Name	Signature			
1	Afreen	Atrus			
2	Ajay Bhadhana	Ajay choudley			
3	Ajay Choudhary	Ljay			
4	Ajay Jat	अजय जार			
5	Ajay Kumar Meena	Ajay Kumar			
6	Ajay Mahawar	Ajai O			
7	Ajay Singh	Hay			
8	Ajay Verma	अामग्र			
9	Akash Kankarwal	-SI10012T			
10	Akash Meena	341anDT			
11	Akshay Kumar Meena	• अस्य			
12	Alaska Yadav	Ataska			
13	Aman Choudhary	AMAN			
14	Aman Yadav	Anu			
15	Bhupen Kumar	hupoms			
16	Bhupendra Tyagi	BTom			
17	Biram Dev Bharti	Biamler			
18	Biramdev	Birmlow			
19	Deepika Sharma	epika			
20	Desh Raj	Deshooj			
21	Devansh Mina	Devansh afforta			
22	Devendra Choudhary	व्य-र भागा			
23	Devendra Singh Samant	Glevenel dine			
24	Dheeraj Sharma	Oberi a			
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27	Dilkesh Meena	clikal			

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28	Dilkhush Meena	
29	Girraj Baloda	Giraj
30	Gourav Lodha	(JOUXAV
31	Gourav Rundla	Coural
32	Gourav Singh Tanwar	GOUYAY
33	Granth Shukla	Carnth
34	Gungun Bajaj	a (sunaun
35	Gunit Rawal	- bunit
36	Harshita Gupta	Gunit
37	Hasmukh Patidar	trusmuth
38	Hemanshi Choudhary	Hemanshi
39	Hemant Kumar Dhaked	Hemant
40	Hemant Kumar Saini	
41	Hemant Singh	Hemant
42	Hemraj Kumar Banshiwal	Hemai
43	Himanshu Kumar Sharma	Himanshu
44	Himanshu Meena	Himanshi
45	Ishika Choudhary	Ishi'Ka
46	Jaisingh	
47	Jaspal	Jaspal
48	Jatin Jangid	tation
49	Jatin Dhakad	Jalin
50	Jatin Dutta	G
51	Jatin Raj	
52	Jay Singh	Jay
53	Jay Singh Chouhan	Lay
54	Jitendra Sharma	Jitendra
55	Joya Akhtar	Joya
56	Jyoti Meena	- /-(
57	Kamani Sharma	Kamani shoung
58	Kapil Kumar	Kapil Kumar

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Naresh Kumar Saini

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91	Naveen	No. 1
92	Naveen Kumar	Vareen
93	Neeraj Singh Parmar	5/1/2
94	Neetesh Meena	() भीतेश
95	Neha Choudhary	0/0
96	Neha Parashar	र्-। हा
97	Nikhil Goyal	Nikhar I
98	Nirmal Chawala	a Niemi.
99	Nitin Goswami	् निर्मन
100	Nitin Kumar Bairwa	47700
101	Nitin Kumar Sahu	Nksahel
102	Nupur Tak	O NP
103	Omesh Bishnoi	( Amerik
104	Pankaj Gaud	Penka
105	Pankaj Kumar Meena	Pankam
106	Pankaj Meena	Tours 10
107	Pankaj Prajapat	प्रकार सक्त
108	Pawan Chandel	Lung.
109	Pawan Kumar	
110	Pawan Singh Yadav	( Janvar Sig
111	Pintu Choudhary	
112	Pintu Ram	Finey
113	Pooja Gurjar	tooj q
114	Pooja Kumawat	Jeoga V
115	Prabhat Sharma	जभात
116	Pradeep Prajapat	Parles
117	Pradeep Singh	Ugra /
118	Pramod Kumar Jangir	Pramerel
119	Pranvendra Singh	Pary
120	Prashant	9211-7





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121	Prateck Mathur	50/18
122	Pratham Dadhich	Touten
123	Praveen Kushwah	1019
124	Priti Meena	113 60 5 1101
125	Priyank Dhakad	4912



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### Workshop on Business Analytics





**06/01/2023**Organised By

#### St. Wilfred's PG College

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Dr. Keshav Badaya Hon. Secretary

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Dr. Fareeda Hasani Convener

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No.				
1	The content was good & effective	75 %	20 %	5%
2	The session was manageable	85 %	15 %	
3	The session was useful and practical		10 %	10%
4	The activity was well planned and systematic	85 %	15 %	
5	The teacher was very good at answering our questions	70 %	20 %	10%
6	The teacher encouraged us to ask questions	85 %	15 %	

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Principal
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JAIPUR Sector 40, Meera Marg, Madhyam Marg, Mansarovar, Jaipur-302020 Will red's P. Ph. 0141-2780436, 2780904 E-mail: <a href="mailto:stwilfredscotlege@gmail.com">stwilfredscotlege@gmail.com</a> Website: www.stwilfredscotlege@gmail.com</a> Website: www.stwilfredscotlege@gmail.com</a> is sithout fear! Where the head is held high!!



Internal Quality Assurance Cell (IQAC)							
Activity Report							
Name of Activity National Seminar							
Title	National Seminar on NEP 2020: A Futuristic Approach for Youth						
	Empowerment						
Date 25 <sup>th</sup> Feb, 2023 (Saturday)							
Venue St. Wilfred's PG College, Jaipur							
Organized by  Internal Quality Assurance Cell (IQAC)							
Faculty Coordinator							
Event	National Seminar						
Resource Person	Prof. S.L. Sharma						
Enrolled Students	250						
Participated	245						
Students							
Event Summary	Introduction:						
	The National Seminar on NEP 2020 (National Education Policy 2020)						
	with the theme "A Futuristic Approach for Youth Empowerment" was						
	organized to discuss and analyze the key provisions and potential						
	impacts of the new education policy on the empowerment of the youth.						
	The seminar aimed to bring together educators, policymakers,						
	researchers, and stakeholders to deliberate on the transformative changes						
	envisioned in the NEP and their implications for the future generation.						
	Key Objectives:						
	Understanding NEP 2020: The seminar began with an in-depth overview						
	of the National Education Policy 2020, covering its objectives, vision,						
	and major reforms proposed in school and higher education.						
	Holistic Education and Skill Development: The seminar highlighted						
	the emphasis on holistic education in NEP 2020, focusing on developing						
	cognitive, social, emotional, and vocational skills among students.						
	Technology Integration in Education: The potential of technology in						
	transforming education and empowering youth was explored, with						
	discussions on the role of digital resources, e-learning, and blended						
	learning approaches.						
	<b>Promoting Multilingualism:</b> The seminar addressed the significance of						
	multilingualism in promoting cultural diversity and preserving regional						
	languages, as envisioned in NEP 2020.						
	<b>Flexible Learning Pathways:</b> Participants discussed the flexible						
	learning pathways introduced in NEP 2020, which allow students to						
	choose their preferred subjects and pursue multidisciplinary courses.						
	<b>Teacher Training and Professional Development:</b> The seminar focused on the importance of robust teacher training and continuous						
	professional development to ensure high-quality education delivery.						
	processional development to ensure night-quarity education delivery.						





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**Employability and Entrepreneurship:** The seminar deliberated on how NEP 2020 aims to equip youth with employability skills and foster an entrepreneurial mindset to drive economic growth.

#### **Interactive Sessions:**

To promote active engagement and exchange of ideas, the seminar included panel discussions, paper presentations, and interactive Q&A sessions with experts and policymakers.

#### **Expert Speakers:**

Renowned educators, policymakers, and researchers served as keynote speakers and panelists, sharing their insights and perspectives on various aspects of NEP 2020.

#### Participant Feedback:

The seminar received positive feedback from participants, who commended the comprehensive discussions and in-depth analysis of NEP 2020. Many attendees expressed enthusiasm about the potential transformative impact of the policy on the empowerment of the youth.

#### **Conclusion:**

The National Seminar on NEP 2020: "A Futuristic Approach for Youth Empowerment" successfully achieved its objective of providing a platform for discussions on the potential impacts of the National Education Policy 2020 on youth empowerment. By addressing key aspects such as holistic education, technology integration, multilingualism, and employability skills, the seminar contributed to a better understanding of the transformative changes envisioned in the policy. It is expected that the insights gained during the seminar will contribute to informed policymaking and implementation, leading to the empowerment and holistic development of the youth in India.

Picture







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Principal
(Dr. FAREEDA HASANI)



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#### **Enrolled Students**

S.No.	Students Name
1	Ankur Choudhary
2	Ankush Goyal
3	Ankush Singh
4	Anshul Joshi
5	Anshul Verma
6	Anshul Yadav
7	Anubhav Dhakad
8	Anubhuti Jain
9	Anurag Bilonia
10	Archana Kushwaha
11	Arif Khan
12	Arjun Pandit
13	Ark Jaiman
14	Arsh Choudhary
15	Arshdeep Singh
16	Divyansh Sharma
17	Dushyant Singh
18	Geet Kumar
19	Girraj Baloda
20	Gourav Lodha
21	Gourav Rundla
22	Gourav Singh Tanwar
23	Granth Shukla
24	Gungun Bajaj
25	Jatin Jangid
26	Jatin Dhakad
27	Gunit Rawal
28	Harsh Choudhary
29	Harshit Chand
30	Harshita Gupta
31	Hasmukh Patidar
32	Hemanshi Choudhary







33         Hemant Kumar Dhaked           34         Hemant Kumar Saini           35         Hemant Singh           46         Himanshu Kumar Banshiwal           37         Himanshu Kumar Sharma           38         Lokesh Kumar           40         Lokesh Kumar Meena           41         Lokesh Kumar Meena           42         Lokesh Meena           43         Love Kumar Meena           44         Ishika Choudhary           45         Jaisingh           46         Jaspal           47         Jatin Dutta           Jatin Raj         Jay Singh           50         Jay Singh Chouhan           51         Jiendra Sharma           52         Joya Akhtar           53         Jyoti Meena           54         Kamani Sharma           55         Kapil Kumar           56         Karan Singh Rathore           57         Kartik Kumar           58         Karitik Sharma           59         Kaushik Parashar           60         Kishan Meena           61         Krishan Choudhary           62         Krishankant Lata           63         <		(Affiliated to the Oniversity of Rajastian)					
35Hemant Singh36Hemraj Kumar Banshiwal37Himanshu Kumar Sharma38Lokesh Kumar39Lokesh Kumar Bana40Lokesh Kumar Meena41Lokesh Kumar Nagar42Lokesh Meena43Love Kumar Meena44Ishika Choudhary45Jaisingh46Jaspal47Jatin Dutta48Jatin Raj49Jay Singh50Jay Singh Chouhan51Jitendra Sharma52Joya Akhtar53Jyoti Meena54Kamani Sharma55Karik Kumar56Karan Singh Rathore57Kartik Kumar58Kartik Sharma59Kaushik Parashar60Kishan Meena61Krishan Choudhary62Krishankat Lata63Ashok Jalwaniya							
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39   Lokesh Kumar Bana     40   Lokesh Kumar Meena     41   Lokesh Kumar Nagar     42   Lokesh Meena     43   Love Kumar Meena     44   Ishika Choudhary     45   Jaisingh     46   Jaspal     47   Jatin Dutta     48   Jatin Raj     49   Jay Singh     50   Jay Singh Chouhan     51   Jitendra Sharma     52   Joya Akhtar     53   Jyoti Meena     54   Kamani Sharma     55   Karik Kumar     56   Kartik Kumar     57   Kartik Kumar     58   Kartik Sharma     59   Kaishan Meena     60   Kishan Meena     61   Krishan Choudhary     62   Krishankant Lata     63   Lovenish Chhawal     64   Manish Bishnoi     65   Ashok Jalwaniya	37	Himanshu Kumar Sharma					
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65 Ashok Jalwaniya	63	Lovenish Chhawal					
	64	Manish Bishnoi					
66 Ashok Kumar	65	Ashok Jalwaniya					





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67	Ashok Kumar Saini					
68	Ashok Singh					
69	Avinesh Meena					
70	Ayaan Pervez Shouqat					
71	Ayush Agarwal					
72	Azhar Ghoshi					
73	Kunal Sharma					
74	Kushal Kumawat					
75	Kushangee Arora					
76	Mankesh Meena					
77	Manoj Bai Gurjar					
78	Manoj Gena					
79	Manoj Jandu					
80	Mansi					
81	Manu					
82	Mayank Kumar Bansal					
83	Mayank Rajoriya					
84	Mayank Sharma					
85	Md Ijaj Gouri					
86	Meena Shivkumar Ramlakhan					
	Meesha Singh Nautiyal					
	Neetesh Meena					
89	Neha Choudhary					
90	Neha Parashar					
	Nikhil Goyal					
	Nirmal Chawala					
	Nitin Goswami					
94	Nitin Kumar Bairwa					
95	Mohd Ejaj Sayed					
	Mohit Jain					
97	Mohit Kumar					
98	Mohit Sharma					
99	Mohit Singh					
100	Mohit Vijayvargiya					



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101	Mohit Yadav					
	Monika					
	Monika Rathore					
	Mukesh Meena					
	Munesh Meena					
	Muskan Muskan					
	Pankaj Prajapat					
	Pawan Chandel					
	Pawan Kumar					
	Pawan Singh Yadav					
	Pintu Choudhary					
	Pintu Ram					
	Pooja Gurjar					
	Pooja Kumawat					
	Prabhat Sharma					
	Pradeep Prajapat					
	Pradeep Singh					
	Nitin Kumar Sahu					
	Nupur Tak					
	Naveen Kumawat  Vivek Sharma					
	Wasim Akaram					
	Yagyesh Tilkar Yash					
	Yash Bhardwaj					
	Yash Kumar Srivastav					
	Yashvardhan Singh					
	Anuj Agarwal					
	Arpit Goyal					
	Aakash Malviya					
	Aatmika Prasad					
	Abhinav Aditya Parmesh					
	Abhishek Bairwa					
134	Abhishek Choudhary					





135	Aditya Choudhary					
	Aditya Kumar					
	Aditya Rai					
	Akshat Gujarati					
	Ajay Singh Choudhary					
140	Bankaram					
	Bappi Berman					
142	Bharat Godara					
143	Bhavesh Goyal					
	Bhawna Hada					
145	Bhoomika					
146	Cheshta Meer Chandani					
147	Deepak Choudhary					
148	Deepika Tiwari					
149	Devansh					
150	Dhruv Kumawat					
	Dipanshu					
	Disha Sanadhya					
153	Garvit Sonkhiya					
154	Goranshu Sonwal					
155	Harsh Mahala					
156	Harshvardhan Singh Rathore					
	Isha Meena					
158	Jagrati Wadhwani					
	Jai Yadav					
160	Jatin Khatri					
161	Jatin Kumar Tholia					
162	Kamlesh Lilawat					
163	Kanishak Chauhan					
	Kanishk Chotia					
165	Karan					
	Karan Kumar Meena					
	Lashika Naraniya					
	Lokendra Singh Rathore					





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	(Affiliated to the University of Rajasthan)
	Harsh Meena
170	Harsh Vardhan Tyagi
	Tanuj Choudhary
172	Tushar Soni
173	Tushar Yadav
174	Umesh Choudhary
175	Rakesh Gurjar
	Manisha Balani
177	Dheeraj Khandelwal
	Vadika Verma
179	Raghuveer Singh
	Jayant Gupta
	Keshav Pareekh
182	Mahesh Sharma
	Jyoti Kumawat
	Radha Jain
185	Akriti Sharma
186	Mahesh Joshi
187	Dhruv Jain
188	Rakesh Meena
189	Amit Sharma
190	Anil Badarda
191	Ankit Meel
192	Ankush Kamboj
193	Anshu Saini
194	Anupam Saini
195	Diya
196	Dushyant Jhuria
197	Hiba Sadiq
	Himanshu Jangid
	Himanshu Meena
	Karan Meena
	Kartik Chahil
	Kashak Meena



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Ph. 0141-2780436, 2780904 E-mail: stwilfredscottege@gmail.com Website: www.stwilfredscottege@final.com Where the mind is without fear! Where the head is held high!



203	Khushaal Choudhary					
204	Khushboo Sharma					
205	Khushi Charan					
206	Kirti Prajapat					
	Mayank Meena					
208	Mohit					
209	Mohit Gurjar					
	Nidhi Parmar					
211	Nikhil Khatri					
212	Nikhil Mahendwariya					
213	Prashant Kumar Meena					
214	Prayas Meena					
215	Preetam Chunwal					
216	Priyanshu Dhaman					
217	Varun Jain					
218	Vijay Bairwa					
219	Vijay Singh Jeenjwadia					
220	Vikash Kumar Kajla					
	Yogesh Kumar					
222	Yuvraj Pathak					
223	Ashish Choudhary					
	Ashish Singhaniya					
225	Ashok Parihar					
226	Ashwin Kumar					
227	Komal Chouhan					
	Komal Sirra					
229	Krishan Kumar Yadav					
230	Krishan Yadav					
231	Kuldeep Kumar Yadav					
232	Moomal Kunwar					
233	Nikhil Yadav					
234	Nissan Sharma					
235	Nitin Choudhary					
236	Purushottam Tatiwal					







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237	Pushpendra Meena					
238	Raghuraj Singh					
239	Rahul Choudhary					
240	Ravi Prajapat					
241	Ravish					
242	Ridhima Choudhary					
243	Rahul Singh Chouhan					
244	Rashid Khan					
245	Raveena Choudhary					
246	Ravi Bairwa					
247	Rohit Choudhary					
248	Rohit Gurjar					
249	Rohit Sharma					
250	Satyanaryan Yadav					



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List of Participants

(Affilia	RED'S P.G. COLI
National Seminar on NEP	2020: A Futuristic Approach for Youth
	Empowerment
The state of the s	Session 2022-23
No. Students Name	Signature
1 Ankur Choudhary	Colles
<sup>2</sup> Ankush Goyal	Drokun
3 Ankush Singh	Andre
4 Anshul Joshi	Inghas
5 Anshul Verma	Ansul
6 Anshul Yadav	Con
7 Anubhav Dhakad	Mulhan
8 Anubhuti Jain	Amele
9 Anurag Bilonia	Anurag
10 Archana Kushwaha	Anie
11 Arif Khan	, Auj'
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### **Seminar**

#### on



25/02/2023

Organised By

### St. Wilfred's PG College

This is to certify that

Prof./Dr./Mr./Ms.

Dr. Keshav Badaya Hon. Secretary

Dr. Fareeda Hasani Convener

#### **Overall Feedback of Students**

S.	Particulars	High	Moderate	Poor
No.				
1	The content was good & effective	75 %	25 %	
2	The session was manageable	80 %	15 %	5%
3	The session was useful and practical	80 %	10 %	10%
4	The activity was well planned and systematic	80 %	15 %	5%
5	The teacher was very good at answering our questions	80 %	10 %	10%
6	The teacher encouraged us to ask questions	80 %	15 %	5%

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Principal (Dr. FAREEDA HASANI)

JAIPUR Sector 10, Meera Marg, Madhyam Marg, Mansarovar, Jaipur-302020 Will Co. S. P. Ph. 0141-2780436, 2780904 E-mail: stwilfredscollege@gmail.com Website: www.stwilfredscollege.com Where the mind is without fear! Where the head is held high!



Internal Quality Assurance Cell (IQAC) Activity Report		
Title	One Day Seminar on Teacher as a Challenge Maker in Student Life	
Date	27/01/2023	
Venue	St. Wilfred's PG College, Jaipur	
Organized by	Enterpreneurship Cell	
Faculty Coordinator	Dr Seema Jacob	
Event	One Day Seminar	
Resource Person	Dr. Reena Mathur	
Enrolled	72	
Students		
Participated	63	
Studetns		
Event Summary	Introduction:	
	The one-day seminar on "Teacher as a Challenge Maker in Student Life" was organized to explore the role of teachers in inspiring and challenging students to reach their full potential. The seminar aimed to highlight the importance of creating a conducive learning environment that fosters growth, critical thinking, and personal development in students.  Key Objectives:  Redefining the Teacher-Student Relationship: The seminar began with discussions on the evolving role of teachers as mentors, facilitators, and motivators in the lives of their students.  Fostering a Growth Mindset: Participants learned about the concept of a growth mindset and how teachers can instill this belief in students to overcome challenges and embrace learning opportunities.  Nurturing Creativity and Innovation: The seminar emphasized the role of teachers in promoting creativity and innovation among students by encouraging exploration, problem-solving, and out-of-the-box thinking.  Cultivating Critical Thinking: Participants were introduced to strategies for fostering critical thinking skills in students, enabling them to analyze and evaluate information effectively.  Personalized Learning Approaches: The seminar discussed the importance of personalized learning, tailoring teaching methods to individual students' strengths, interests, and learning styles.  Emotional Support and Empathy: The role of teachers in providing emotional support and empathy to students, creating a safe and nurturing environment, was highlighted.	





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on challenges, and embrace a growth-oriented mindset.

#### **Interactive Sessions:**

To facilitate active learning and exchange of ideas, the seminar included interactive sessions such as group discussions, case studies, and role-playing scenarios.

#### **Expert Speakers:**

Experienced educators, educational psychologists, and experts in student development served as keynote speakers and facilitators, sharing their experiences and best practices.

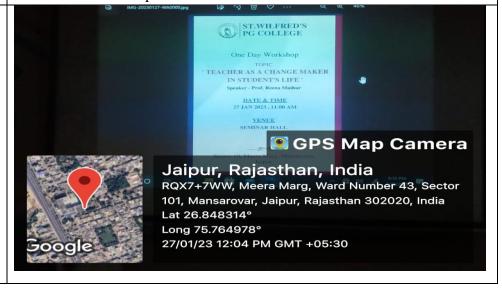
#### Participant Feedback:

The seminar received positive feedback from participants who appreciated the focus on the teacher's role as a challenge maker in shaping student lives. Many attendees expressed their intention to implement the ideas and strategies discussed during the seminar in their teaching practices.

#### **Conclusion:**

The one-day seminar on "Teacher as a Challenge Maker in Student Life" successfully achieved its objective of exploring the role of teachers in inspiring and challenging students to reach their full potential. By addressing key aspects such as fostering a growth mindset, nurturing creativity, and providing emotional support, the seminar highlighted the transformative impact that teachers can have on their students' personal and academic development. It is expected that the insights gained during the seminar will inspire educators to adopt innovative and student-centered approaches, creating a positive and challenging learning environment that empowers students to thrive and succeed.

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# ST. WILFRED'S P.G. COLLEGE (Affiliated to the University of Rajasthan)

#### **Enrolled Student List**

S.No.	Student Name
1.	Aachal
2.	Aakansha Singh
3.	Aakriti Agarwal
4.	Abhijeet
5.	Abhishek Dalora
6.	Abhishek Meena
7.	Abhishek Sharma
8.	Bal Ram Mahar
9.	Bharat Meena
10.	Bharat Singh Rajpurohit
11.	Bhau Din
12.	Bhawani Pratap Singh Dewara
13.	Bhuvnesh Kumar Atal
14.	Chandan Grover
15.	Chandan Singh
16.	Chandra Shekhar Yadav
17.	Chandrvir Singh
18.	Chirag Paliwal
19.	Dashrath Singh Rathore
20.	Deepa Kumari Gupta
21.	Deepak Kumar Meena
22.	Deepak Pareek

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23.	Dev Mani Singh
24	Geetanshi Sharma
25.	Himank Kumar Jain
26.	Himanshu
27.	Palak Bhargav
28.	Himanshu Jain
29.	Himanshu Jeliya
30.	Ishu Mour
31.	Mahaveer Prasad Meena
32.	Mahipal Singh Yadav
33.	Man Mohan Saini
34.	Manan Singh Mertia
35.	Mandeep Singh Maanju
36.	Nagender Singh
37.	Narendra Kharbas
38.	Naresh Choudhary
39.	Naresh Kumar Meena
40.	Navneet Kumar
41.	Nikhil Sinchi
42.	Paharu Sharma
43.	Palak Kumawat
44.	Parth Gurjar
45.	Parveen Kumar





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46.	Pinky Choudhary
47.	Prachi Bhardwaj
48.	Radhakishan Choudhary
49.	Rahul Choudhary
50.	Rahul Jangid
51.	Rahul Kumawat
52.	Rahul Meena
53.	Rahul Meghwal
54.	Rajesh Meena
55.	Sachin
56.	Sachin Meena
57.	Sagar Jatawat
58.	Sahil Khan
59.	Tames Ali
60.	Jagdish Choudhary
61.	Jai Singh Tanwar
62.	Jaideep Bamnawat
63.	
64.	Jaswant Ghosalya
65.	
	Jayesh Bhaiya
	Kamal Choudhary
06.	Keshav Choudhary





69.	Khushi Sharma
70.	Kishan Verma
71.	Lalit Kumar
72.	Laveena Kanwar





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List of Participated Students



### ST. WILFRED'S P.G. COLLEGE

(Affiliated to the University of Rajasthan)

	Session 2022-23	
S.No.	Students Name	Signature
	Aachal	prochus
2	Aakansha Singh	Ary.
3	Aakriti Agarwal	pakniti
4		16/11/24
5	Abhishek Dalora	Blood
6	Abhishek Meena	Ause
7	Abhishek Sharma	Abhus
8	Bal Ram Mahar	Dalsein
9	Bharat Meena	Bhart
10	Bharat Singh Rajpurohit	Brown
11	Bhau Din	Bhay
12	Bhawani Pratap Singh Dewara	Bhre
13	Bhuvnesh Kumar Atal	Chrolon
14	Chandan Grover	Chund
15	Chandan Singh	Church
16	Chandra Shekhar Yadav	Haur
17	Chandrvir Singh	mirax
18	Chirag Paliwal	Dasharth
- 19	Dashrath Singh Rathore	Deeph
20	Deepa Kumari Gupta	Deeph
21	Deepak Kumar Meena	Deela
22	Deepak Pareek	Deerak
23	Dev Mani Singh	200
	Geetanshi Sharma	Darman
25	Himank Kumar Jain	Himank.
26	Himanshu	Hinenshy
	Palak Bhargav	Tollak.

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	Mahaveer Prasad Meena	Marker
	Mahipal Singh Yadav	marijan
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34	Mandeep Singh Maanju	Mandeep
35	Nagender Singh	Nagentes
36	Narendra Kharbas	Micandea
37	Naresh Choudhary	Nacasta
	Naresh Kumar Meena	Nasash.
39	Navneet Kumar	Navacet
40	Nikhil Sinchi	Willing
41	Paharu Sharma	Pahaseu
42	Palak Kumawat	pu lak
43	Parth Gurjar	Parth
44	Parveen Kumar	Parveen
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46	Prachi Bhardwaj	Pedeli
47	Radhakishan Choudhary	Radhakish
48	Rahul Choudhary	Rahul
49	Rahul Jangid	Rahul
	Rahul Kumawat	Rahul
51	Rahul Meena	Rahul
	Rahul Meghwal	Rahul
	Rajesh Meena	Rajechy
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	Sahil Khan	Vahil
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(Affiliated to the University of Rajasthan)

# ST. WILFRED'S P.G. COLLEGE

	(Affiliated to the U	niversity of Rajasthan)
5	9 Jagdish Choudhary	Pagdish.
6	0 Jai Singh Tanwar	100
	l Jaideep Bamnawat	Thirardhan
6	2 Jaivardhan Singh Solanki	Toireachen
6	3 Jaswant Ghosalya	Janarace

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JAIPUR Section 10, Meera Marg, Madhyam Marg, Mansarovar, Jaipur-302020 Willfed's P. Ph. 0141-2780436, 2780904 E-mail: stwiffredscollege@gmail.com Website: www.stwiffredscollege@gmail.com Website: www.stwiffredscollege@gmail.com Where the head is held high!



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4	The activity was well planned and systematic	70 %	15 %	15%
5	The teacher was very good at answering our questions	90 %	10 %	
6	The teacher encouraged us to ask questions	80 %	15 %	5%

### **Seminar** on





Teacher as a Challenge Maker in Student Life

27/01/2023 Organised By

St. Wilfred's PG College

This is to certify that

Prof./Dr./Ms....

has participated in "Teacher as a Challenge Maker in Student Life" .In this Seminar She/He Presented Paper/Poster/Attended/Chaired a Technical Session on..... We wish him/her the best for future endeavour.

Dr. Keshav Badaya Hon. Secretary